

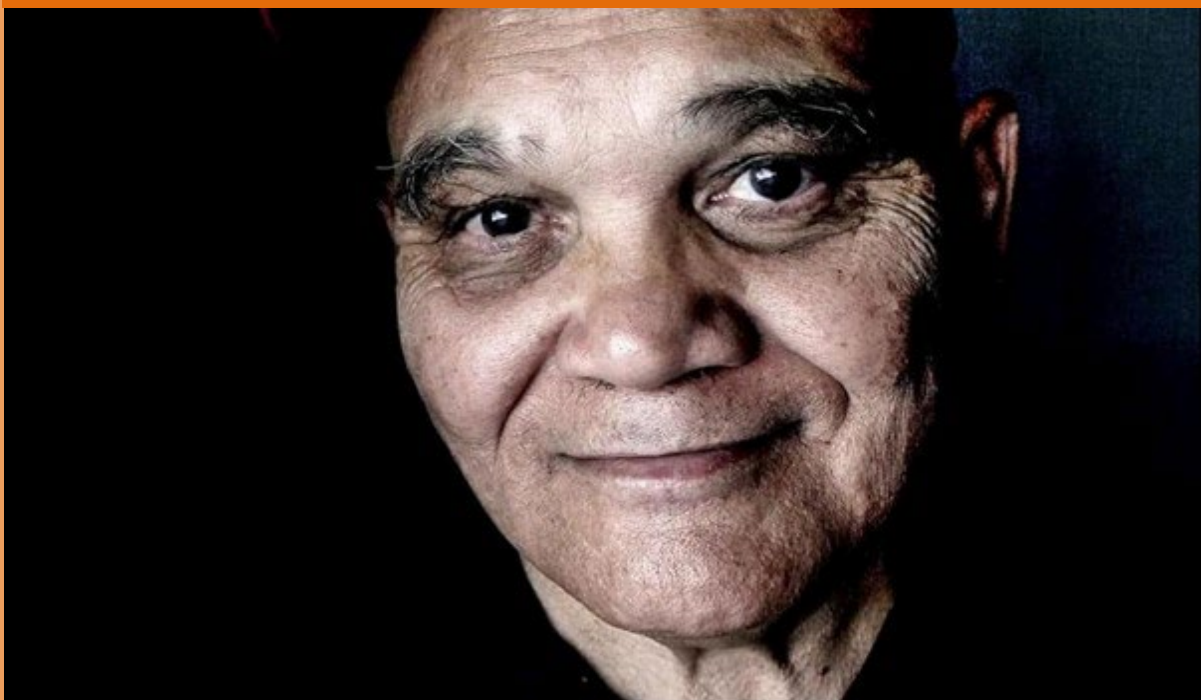


# 3KND Newsletter

## VALE Uncle Jim Remedio 02/02/1944 – 16/03/2023

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The 3KND Board, Staff, and Volunteers are saddened at the passing of this Great Warrior and ambassador for Aboriginal and Torres Strait Islander rights Uncle James Daniel Remedio. Uncle Jim passed away peacefully on the 16<sup>th</sup> of March, surrounded by family and friends. Uncle Jim was 79 years old.

Uncle Jim Remedio was a proud Torres Strait Islander man and a well-respected Elder with a lifelong dedication to developing, sharing and promoting Aboriginal and Torres Strait Islander voices, culture and knowledge through the media. In Victoria he has worked hard to highlight Aboriginal and Torres Strait Islander rights and community development.

Uncle Jim was born in 1944 in Cairns, Far North Queensland to Torres Strait Islander parents. His mother Marcellina Pearl Remedio has kinship connections to Murray Island in the Torres Strait. Growing up in Cairns, Jim attended St Joseph's Primary School and Cairns State High School. Jim left high school at the age of 14 in 1957 to begin a five-year apprenticeship as a Fitter and Turner and completed night school as part of this apprenticeship. Once qualified, he undertook a wide range of jobs across Northern Australia and quickly gained a reputation as a highly skilled and hardworking tradesman. At the age of 21 he started his first company, taking on a range of jobs in the construction industry. After moving to Victoria, Jim worked in construction roles in the power generation, oil, gas, aluminum and ship-repair industries before purchasing a farm and becoming a successful primary producer for over twenty years. Uncle Jim had over 40 years' experience in community and national radio media networks throughout Australia. He became involved with Local Community Radio in Bendigo and quickly saw the potential of this medium to give a voice to Aboriginal and Torres Strait Islander people. He was instrumental in the production and delivery of Indigenous Radio across the country. He, highlighted the land rights movement and human rights as well as connecting, informing and inspiring Aboriginal and Torres Strait Islander communities through news, current affairs, community information, and Aboriginal and Torres Strait Islander music to a larger national audience.

"I really loved it. I remember those days as being really active, the days of the Aboriginal Movement. We used to put on a lot of what was happening in the Aboriginal communities. In the days of the Marches, we were very active. It was good because we were at the cutting edge of what was happening in Aboriginal Affairs."

In addition, Uncle Jim was working at the same time in Bendigo as a Cultural Officer for the Dja Dja Wurrung Association and later became its Manager. His work as a Cultural Officer and assisted with the return of Aboriginal remains back to Country. At that time, his eldest daughter Teresa Remedio was a producer at the ABC and helped the local group setup the license and help with programming. This was instrumental in establishing the South Eastern Indigenous Media Association. Uncle became a broadcaster on the then 3CCC Colours Aboriginal Music show in Bendigo.

# VALE Uncle Jim Remedio

## 02/02/1944 – 16/03/2023

He was a founding member of the National Indigenous Media Association of Australia, the original Board of the National Indigenous Television network (NITV), and also became a Community Broadcasting Foundation Grants Committee member for over twelve years.

Uncle was the Chairperson of many Indigenous Broadcasting peak bodies, including National Indigenous Media Association Australia. He also managed the establishment of the National Indigenous Radio Service and Remote Indigenous Media Services. His life and work experience provided Indigenous media across Australia, with management and strategic media development.

Uncle Jim has held a wide range of roles in the struggle for Aboriginal and Torres Strait Islander rights and development. He was engaged by the Victorian Trades Hall Council to work on the Commonwealth's Working Nation Employment and Training Strategy. Jim served on the Museum of Victoria's Indigenous Advisory Committee, became an Inspector under the Aboriginal and Torres Strait Islander Protection Act Part 2. He also was closely involved in setting up Aboriginal Community Justice Panels in Victoria.

As an experienced consultant, he was approached by the University of New South Wales' Faculty of Law, as a Trainer for their Diplomacy Training Program and the Fred Hollows Foundation's Indigenous Peoples, Human Rights and Advocacy Training program for advocates. He was also engaged by Vision Stream and Telstra to provide land access agreements for rollout of broadband networks across Australia, which required extensive negotiation with Traditional Owner groups. In addition, he was Vice President Oceania for the World Association of Community Radio Broadcasters (AMARC) a United Nations sponsored international community radio group that provided training for Indigenous Radio broadcasters in Malaysia, Thailand and the Philippines.

In the 2000s, Uncle moved into management of Indigenous Radio Stations, beginning with two years at Radio Larrakia in Darwin, followed by two at Yamatji Media in Carnarvon (Western Australia). Recruited because of his strong management reputation, Jim then moved to Central Australian Aboriginal Media Association (CAAMA) Radio Alice Springs where, over seven years, he oversaw the growth of the station's investment in technology and training to lift capacity and productivity, making CAAMA one of the premier radio stations in Australia.

In 2000, Uncle was awarded the Centenary Medal for Services to the Community. He was inducted onto the Victorian Aboriginal Honour Roll in 2019 and awarded the CBAA Michael Law Award in 2022.

In 2015, he took on the management of Melbourne Indigenous station Kool N Deadly (3KND), Melbourne's first Indigenous owned and managed AM/ DIGITAL radio station. Uncle Jim brought a wealth of industry and governance experience with him. He had worked to develop a regional network to increase its sustainability, capacity and impact to reach a Victorian-wide audience and continues to support many other radio stations, including Queensland Remote Aboriginal Media (QRAM). Uncle Jim over the last few years returned to CAAMA as CEO and only recently left to pursue other adventures.

Uncle was a strong and proud warrior who has dedicated his life to supporting and advancing rights for Aboriginal and Torres Strait Islander communities across Australia. He continued to use his platform to highlight Aboriginal and Torres Strait Islander voices, culture, knowledge and rights. He was an important voice and extraordinary leader for his community.

He is survived by his daughters Teresa, Jane, Marcella and wife Dianne.

"We won't close the gap in the country until we close the gap in media services – and that's got to be a priority of primary concern for the government." – Jim Remedio.

Photo credit Paul Wiles CAAMA





# International Women's Day – Narrandjeri Stadium

International Women's Day (IWD), which was on March 8<sup>th</sup>, is a global day celebrating the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating women's equality.

IWD has occurred for well over a century, with the first IWD gathering in 1911 supported by over a million people. Today, IWD belongs to all groups collectively everywhere. IWD is not country, group or organization specific.

International Women's Day event was held at the Narrandjeri Stadium, Darebin Community Sports Stadium.

Narrandjeri Stadium is part of the hub of community sport, engagement and inclusion in Darebin. Both the brand new Narrandjeri Stadium and the Darebin Community Sports Stadium welcomes everyone from the local community and beyond – including sports clubs, sports associations, and casual visitors to use and enjoy the wide range of Indoor and Outdoor sporting facilities, community spaces, and services available at the two venues.

Narrandjeri Stadium and Darebin Community Sports Stadium are the ideal sporting destinations for the Darebin community to get physically active, meet new people and have fun!

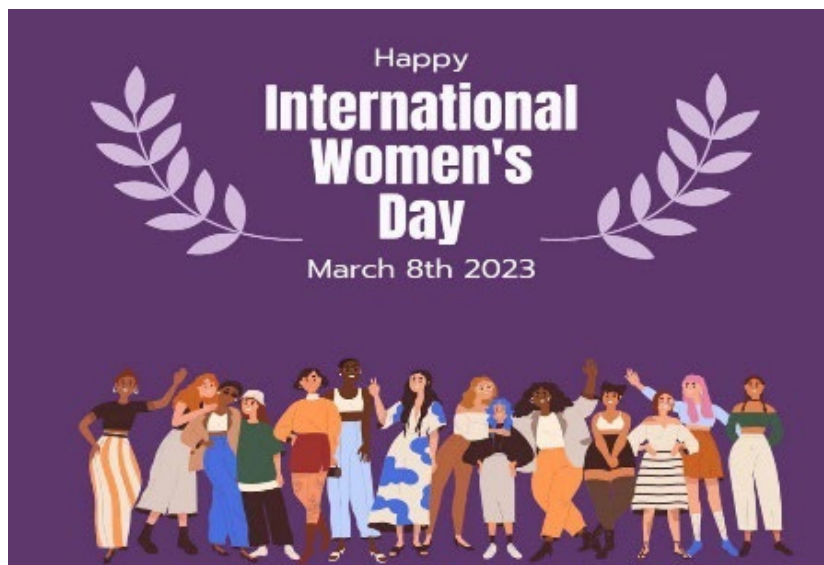
The morning started with yoga on the balcony by Yoga Spot Fairfield, morning tea and meeting everyone.

Lorena Walker and Wendy Brooke from 3KND interviewed community members Ida Bakos, a business owner of HIIT Factory Northcote, and Kristen Munro of Banyule Community Health Aboriginal Early Years Playground and MCH Support Worker about their roles, life and inspirations.

Thank you to Lauren Collis and Samantha Clarke for organising the morning and to everyone that participated.

For more information:

[Darebin Stadiums](#) [Banyule Community Health Service](#) [The HIIT Factory Northcote](#) [International Women's Day](#) [Yoga Spot Fairfield](#) [#IWD2023](#) [#EmbraceEquity](#)





# International Women's Day – AGAPI

Agapi celebrated International Women's Day. This event is committed to creating spaces where women who are at the start of their careers can find community, inspiration and empowerment. Gman and Erica were invited guests of Agapi. This year's theme, "DigitALL: Innovation and technology for gender equality," highlights the role of innovative technology in promoting gender equality and meeting the health and developmental needs of women and girls.

Women from all diverse backgrounds including men gathered at the Olympic Hotel, Preston in celebration of International Women's Day 2023. A welcome by Ange Pilipasidis, COO followed by Mary Gakopoulos, CEO AGAPI and Arthur Evriniadis President.

The guest speakers this year were, Vasso Apostopoulos, Helen Tyrikos, Ange Pilipasidis COO, Greek Consul General Emanuel Kakavelakis and Jill Taylor.

These conversations were stories from women's journeys through life, career and family...about empowerment and struggle. Each year Agapi strives in its support for women in leadership roles and connection to community.

AGAPI Care was established in 1987 by a group of Greek-Australian parents who were unwavering in their belief that their children with a disability were entitled to the same access to programs and services as other members of the community without prejudice or disadvantage.

Faced with language and cultural barriers that hindered access to mainstream services for their children, the families created a not-for-profit organisation. The purpose of this organisation was to provide information and support services including advocacy and referrals to people with a disability of Greek heritage and their families based on the recommendations of the Galbally Report of 1978 for multiculturalism:

- to ensure equal opportunity and equal access to services for all members of society.
- that everyone should be able to maintain their own cultural beliefs and be encouraged to understand others.
- that the needs of migrants, while they should ideally be met by mainstream programs and services; should in the short term be specially targeted in order to ensure equality of access and provision; and
- that services and programs should be designed and operated in full consultation with clients, with an emphasis on self-help to enable migrants to become self-reliant quickly.

Building on these principles and in direct response to the needs of the community AGAPI Care quickly extended its services to include all people with a disability.

In 1992 AGAPI Care expanded to provide direct client care with the opening of a Short-Term Accommodation and Assistance Centre in Preston followed by other facilities catering for Short Term Accommodation and Assistance in North Eastern Melbourne Area and Inner East South, as well as SIL/SDA (Supported Independent Living/Specialist Disability Accommodation) facilities.

At every stage of development AGAPI Care has enjoyed the strong support of the community to not only raise funds to extend our services but to build awareness and promote cultural diversity and inclusion.

For more information:

[Agapi Care](#) [International Women's Day UN Women IWD 2023 Melbourne](#) [#IWD2023](#) [#EmbraceEquity](#)





# Sheree Lowe

Sheree Lowe is a Djab Wurrung and Gunditjmara woman with a strong connection to South West Victoria, she has lived most her life on Wadawurrung Country in Ballarat. Sheree Lowe is the SEWB Unit Executive Director and was Gman's special guest on Big Brekky, to discuss Suicides of Aboriginal and Torres Strait Islander people, by the Coroners Court of Victoria.

Sheree has been advocating within the Aboriginal Community in Victoria for over 20 years. She previously worked as a management consultant at PwC on projects related to organisation transformation through an Aboriginal lens and cultural safety program design.

At VACCHO, Sheree is leading the establishment of the Centre of Excellence in Aboriginal Social and Emotional Wellbeing.

WARNING: This release contains sensitive content.

The following article contains references to those who have returned to the Dreaming. This article also contains suicide references.

The Victorian Aboriginal Community Controlled Health Organisation (VACCHO) and the Balit Durn Durn Centre have expressed deep sadness at the findings of new report, Suicides of Aboriginal and Torres Strait Islander people, by the Coroners Court of Victoria which reveals an "alarmingly high" suicide rate among Indigenous people.

In a statement VACCHO passed on their deepest and most sincere condolences to families and Communities dealing with the devastating grief and loss of loved ones and acknowledged the Aboriginal Engagement Unit at the Coroners Court of Victoria for bringing this crisis to light through the report.

"Of particular concern in the Coroners Court Of Victoria report are the stressors that were identified among the suicides of Aboriginal and Torres Strait Islander people in Victoria. Breakdowns in interpersonal relationships, experiences of family violence, experiences of abuse, and substance abuse left untreated were all noted as stressors and factors that significantly contributed to losses of life," the Organisation noted.

"Alarmingly, over one third of Aboriginal and Torres Strait Islander people who passed by suicide reported childhood exposure to family violence, and nearly 50% had experienced separation from parents."

In Victoria, Aboriginal and Torres Strait Islander suicide rates are three times higher than that of the non-Indigenous population.

VACCHO's Balit Durn Durn Centre has recently been resourced to create an Aboriginal led Suicide Response Strategy, which will be co-designed with Community members, including those with lived and living experience of suicide.

The aim of the strategy is to ensure Aboriginal voices are central to the design of a response that will provide proper care and support to those experiencing mental health concerns and prevent suicides that continue to devastate our communities.

Balit Durn Durn means strong brain, mind, intellect and sense of self in Wurundjeri/Woiwurrung language.

VACCHO advocates for a system that is adequately resourced and funded to provide the wraparound care required to prevent such devastating tragedies from occurring. Embedding culture and healing into service design is essential to improve outcomes and opportunities for our communities.

NOTE: Your social and emotional safety is important. If this article has brought up any concerns or issues for you, please have a yarn with Yarnin Safe'n'Strong (1800 959 563) or 13YARN (13 32 16).

[VACCHO](#)

[13 Yarn](#)

[VAHS Yarning Safe'n'Strong](#)

[Balit Durn Durn Centre](#)

[Coroner's Court of Victoria](#)

[Sheree Lowe Talks To Gman on Big Brekky](#)





# Budjerah

ARIA Award-winning Artist BUDJERAH has a yarn with 3KND Senior Broadcaster Lorena Walker about his new music and what it was like to support Ed Sheeran on his Australian Tour in February and March this year.

Budjerah hails from the town of Tweed Heads on Bundjalung country on the boarder of Queensland and New South Wales. He explains that he comes from a very musical family and says that gospel music has always play a huge part in his musical journey.

What an impact Budjerah has made to the Australian music industry in the past few years and even caught the ear of one of the world's biggest artists Ed Sheeran. Budjerah became the support acted for Ed Sheeran's Australian tour making history to sell-out crowds in Sydney, Melbourne, Perth, Brisbane, Adelaide and Wollongong.

What makes his story even more special is that he wrote a verse on Ed Sheeran's song 2Step which has seen close to 10 million streams.

Budjerah's new single 'Therapy' is taking his music to the next level. The ARIA award-winning, Coodjinburra artist is pushing boundaries vocally and sonically with the R&B/pop crossover, an ambitious emotional sucker-punch. Co-written by Sarah Aarons and Stint, 'Therapy' showcases Budjerah's fearless vocal range and marks a new direction for his career.

The sound is fresh and familiar, a reflection of his ambition and timeless artistry. 2023 brings exciting opportunities for Budjerah, from exploring new sounds to performing in his biggest venues to date as support on Ed Sheeran's Australian stadium tour. He starts the year with confidence, ready to showcase the full extent of his abilities. 'Therapy' sets the tone for a huge year.

not gonna walk over me," signaling his quiet ambition that continues to come to fruition.

The accomplishments have been fast and plentiful in the last two years. He's now a two-time ARIA Award-winning artist after taking home Breakthrough artist in 2021 and Best Soul/R&B Release in 2022. He also triumphed with an APRA Award for Most Performed R&B / Soul Work for the Corby co-written 'Higher'. He was recently nominated for "Best Single" and "Best New Artist" at the 2023 Rolling Stone Australia Awards, and "Aussie / Kiwi Legend Of The Year" at the 2023 Nickelodeon Kid's Choice Awards.

Last year, he was also named GQ's Breakthrough Artist of the Year while also featuring in Vogue Australia as part of Baz Luhrmann's guest edition. He also took to the stage as part of the AFL Grand Final with The Temper Trap, Gretta Ray, and Ngaire. At the tail-end of last year, he was featured in Amazon Music's global 'Holiday Originals' campaign covering Whitney Houston's 'Who Would Imagine A King'.

2023 is set to be a landmark year for Budjerah, as he's ready to seize every opportunity and showcase his full range of abilities. 'Therapy' and the new music to come will exceed expectations and cement his status as one of the most versatile performers in the country. If you're already a fan, get ready to be blown away.

Budjerah has released his new single 'Therapy' through his record label Warner Music Australia. You can listen to 'Therapy' on Apple Music, Spotify, Youtube, Youtube Music, Amazon Music and iTunes Store.

Connect with BUDJERAH

[Budjerah | Official Site](#)

[Budjerah \(@budjerah\) • Instagram photos and videos](#)

[Budjerah | TikTok Search](#)

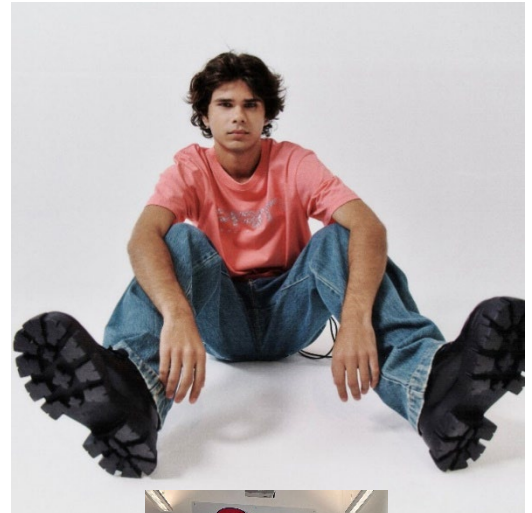
[Budjerah | Facebook](#)

[Budjerah \(@BudjerahS\) / Twitter](#)

[Home / Warner Music Australia](#)

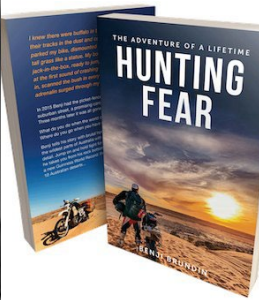
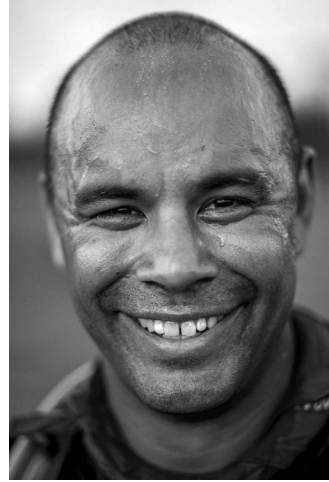
[Budjerah Talks To Lorena About His New Single "Therapy" And Supporting Ed Sheeran](#)

[Budjerah Yarns With Gman About His New Music and Supporting Ed Sheeran](#)





## Friends With Wendy and Pete – Benji Brundin



Wendy and Pete had the pleasure of talking with the extraordinary adventurer, Benji Brundin, who is always examining his life and pushing himself to the limits, all the while healing himself.

Benjamin Augusto Roca Brundin (b. 12 June 1983) is the middle child of a Filipino mother and a Swedish immigrant father. Born in the Pilbara region of Western Australia, he spent his childhood exploring the vast desert that stretched for miles at the rear of his home.

So far, Benji has been a boxer, a sailor, a husband and a public servant. He has written two books and is a mentor to young people.

They spoke to Benji about his upcoming trip in June through Central Australia on his motorbike to tackle the 10 Major Deserts in Australia once again. This is a trip which he has done in the past that resulted in a Guinness World Record.

In 2019, Benji became the fastest man, solo and unsupported, to cross all 10 Australian deserts on a motorcycle, a 4,000-mile journey through one of the most remote and harsh environments on Earth.

Benji is a tradie, the founder of [Daring2venture](#) and is also a motivational speaker and author of the book, "The Adventures of a Lifetime Hunting Fear", among other things.

For More Information on Benji Brundin:

[Daring2Venture Facebook](#)

[Daring2Venture Website](#)

[Guinness World Records Fastest Time To Cross](#)

[All Ten Australian Deserts On Motorbike](#)

[Listen here to Wendy and Pete yarning with Benji Brundin](#)

## Friends With Wendy and Pete – Sally McKenzie

Friends With Wendy and Pete had a special guest, Sally McKenzie, on their show to talk about her new play "WAY". It is playing at [La Mama Theatre](#) from 22 March to 02 April 2023.

"WAY" is about documentary-maker Lynne, who is consumed by the women she's making a film about. These women never thought they'd be without a home. But one little thing went wrong and that led to a sequence of unfortunate events. WAY weaves a fictional character with women based on lived experiences. Performed by an acclaimed actor who has worked across Australia and supported by sound and video, this premiere production of WAY is a dynamic, fast-paced journey into homelessness aimed at the brain as well as the heart.

Sally McKenzie has a Bachelor of Dramatic Art in Acting from NIDA and a Master of Fine Arts from QUT in writing and directing. In 1983 she won a Penguin Award (later a Logie) for Best Single Performance by an Actress in a Serial. In 2014 she won an AWGIE for Best Documentary Public Broadcast.

As a filmmaker Sally's documentary Acting Class of 1977 regularly screens on TV. As a playwright and director plays include Scattered Lives and Martha's War On War. Sally teaches for NIDA Open and is a sessional tutor for QUT.

[Sally McKenzie Facebook](#)

[Sally Has a Chat With Wendy and Pete](#)

For tickets and more information, check out [Way - La Mama Theatre](#) Mob Tickets are only \$8.00.





# Kutcha Edwards

The Far East Music Festival will take place on the wilderness coast in the small and remote coastal township of Mallacoota in Victoria on the Easter weekend, April 7-9, 2023. Renowned Aboriginal singer/songwriter and proud Mutti Mutti man Kutcha Edwards joined Gman to yarn about this event and why you need to attend.

Multi-award winner Kutcha uses his mesmeric music to create connections across cultures, generations, and spaces. His charismatic stage presentations deepen our understanding of Australia's first people.

As a respected elder and survivor from the Stolen Generations, a Kutcha Edwards live experience takes you on a journey with stories from his life, that segue so eloquently into each song choice lifting your spirit. At the heart of it Kutcha's music is pure soul.

His latest album 'Circling Time' is magnetic. The album is 'a profound and a timely reminder of the incredible depth and talent of one of the most inspiring voices within the country'. Forte Magazine.

This fledgling festival, born out of the ashes of a black summer, brings forth the green shoots of recovery and calls out to the healing spirit within us all. Held in the small and remote coastal township of Mallacoota, Victoria, over the Easter weekend, the fledgling festival, born out of the ashes of a black summer, brings forth the green shoots of recovery and calls out to the healing spirit within us all, allowing punters to be able to bask in the unique wilderness while supporting the town's recovery since the bushfires.

Project partner and Songlines Music Aboriginal Corporation Co-CEO, Robbie Bundle says:

"The entire human family needs nurturing and music is the channel for that. We are living through challenging times, particularly for young people. Their voices need to be heard.

They need to be seen and recognised. The beauty of the natural environment in Far East Gippsland has always been personified by the people who reside there, and how they protect the Country they live in – expressed so eloquently over many years through music, art and culture."

The Festival will feature touring artists along with local and regional acts and an array of activities and workshops to inspire participation and connection — including the return of the legendary percussion street parade, a retro team's board riders comp, nature-based activities, creative workshops, dedicated wellbeing space, food vans and so much more.

The Grogan's, Kee'ahn, Kutcha Edwards, Charlie Needs Braces, Blue Moon Marquee (Canada), Bones & Jones, The Figmentz, A Country Practice, The Chordroys, Uleni, Kristin Rule Ryley Gray, Isy Warren, Airly Embleton-Mew.

[Far East Music Festival](#)

[Mpath Soul Facebook](#)

[Kutcha Edwards](#)

[Kee'ahn](#)

[Kutcha Edwards Joins Gman On The Big Brekky Top talk About New Music and The Far East Music Festival](#)



## AUSLAN Aboriginal Sign Language

Much like our spoken language, Australia's sign language - AUSLAN - also has colonial roots.

The Indigenous deaf community has come up with a sign that acknowledges Indigenous history and connection.

"If you look at the hand it's the shape of Australia... and then all the water all the way around... and in the middle you have Uluru, the rock."

To find out how this sign for AUSLAN came about, click [Indigenous AUSLAN](#)

For more information on Indigenous Sign Language:

[AIATSIS - Yolgnu Sign Language](#)

[Melbourne University - Speaking My Language Indigenous Deaf Sign](#)





# 3 Day Vic Health Immersion On Country

3KND had the opportunity to attend the Vic Health First Nations Action Plan Immersion on Country over 3 days, which was held in Creswick, on Dja Dja Wurrung land.

The three days was led by the very Deadly First Nations team, that consisted of Melinda Swale, Vic Health Lead (Wiradjuri), Neil Morris, Facilitator (Yorta Yorta), Caroline Kell, Facilitator/Wellbeing Lead (Mbarbun), Karen Millward, Facilitator (Yorta Yorta), and Dr Tristan Schultz, Facilitator/Emcee (Gamilaroi).

They also had Elders and Aboriginal experts who helped guide the team. They were Dr Tjanara Goreng Goreng, Elder/Sacred Leadership Facilitator and Mentor (Wakka Wakka), Rod Jackson, Guest Speaker/Elder (Palawa/Cherbourg), Karen Millward, Facilitator (Yorta Yorta), Dr Ngaree Blow, Guest Speaker and Mentor (Quandamooka), Lena Charles, Guest Speaker and Committee Member (Yorta Yorta/Gunai Kurnai), and Ngarra Murray, Guest Speaker (Wamba Wamba/Yorta Yorta/Dhudhuroa/Dja Dja Wurrung).

The staff from Vic Health that attended were: Dr Sandro Demaio, the CEO of Vic Health, Sarah Loh – Executive Manager Future Healthy, Melinda Swale - Planning & Business Improvement Manager, Clare Collings - Social Connection & Mental Wellbeing Lead, Carly Ewen - Healthy and Sustainable Food Systems Coordinator, Stefan Carbone - Active Communities and Sport Coordinator, Sara Renzella - Social Connection and Mental Wellbeing Coordinator, Lucy McEwan (myself) – Strategic Communications Lead, and Padam Chirmuley – Executive Lead People & Culture

The Vic Health First Nations Plan Immersion on Country is an interactive three day gathering bringing together First Nations people from across the state of Victoria. It was primarily targeted at youth who are doing some incredible work out in the community already. This was a chance for them to enhance their knowledge and contribute to Vic Health's Action Plan.

The organisations that attended the 3 days, were: Thamarrurr Youth Indigenous Corporation, Weenthunga Health Network, Surfing Victoria Incorporated, Wathaurong Aboriginal Cooperative Ltd, Bendigo and District Aboriginal Cooperative, Clothing The Gaps, Gallery Kaiela Incorporated, Oonah Health and Community Services Aboriginal Corporation, and the Victorian Aboriginal Childcare Agency.

There was a Welcome to Country performed by Auntie Marilyn Nicholls, a Smoking that was initiated by Neil Morris and Auntie Tjanara Goreng Goreng. The men went and collected the wood and leaves to make the fire, which everyone walked through and cleansed themselves.

Over the three days, participants would participate in some of the following activities: On Country bush walks and activities, cultural experiences, body and breathwork, yarning circles and interactive workshops, the opportunity to learn from First Nations speakers and facilitators, an open mic where you could get up and tell your story, or just express yourself creatively.

Day One saw a Sacred Leadership Workshop, that was led by Dr Tjanara Goreng Goreng. This was powerful session that had all participants be totally present. The session had everyone processing Aunties sacred teachings over the rest of the event. Day one ended with a group dinner and a chance to listen to Elder, Rod Jackson talk about the work he has done and ask any questions of him. It was also a chance for everyone to get to know one another.

Day two and three were busy with workshops and presentations that had these young people contributing their ideas, opinions, and feedback as to what they wanted to see for the future health of their communities and its members. This was an opportunity for them to let Vic Health know what is needed in order for them to continue doing the work that they do, what hasn't worked in the past, and what needs to change, what they need from Vic Health to do their jobs, and they had the opportunity to ask what a partnership with Vic Health would look like. The yarning circles were robust and respectful, but always with cultural safety built into the three days. Vic Health welcomed the discussions that participants actively engaged in to help shape the action plan.

It wasn't all work though, with some fun and games along the way. Some Walking on Country, Blak Bingo, Open Mike with DRMING NOW, Traditional Indigenous Games and some much needed time out in the Sacred Space that Auntie Tjanara Goreng Goreng and Caroline Kell facilitated.

3KND will be checking back in with Vic Health and the Deadly First Nations team as to how the Action Plan is progressing. So, keep tuned to 3KND as we will be talking with the team in the future.

For further information on any of the organisations that attended:

[Vic Health Vic Health Facebook](#)

[Oonah Belonging Place Oonah Belonging Place Facebook](#)

[Weenthunga Weenthunga Facebook](#)

[Koorie Academy Basketball](#)

[Wathaurong Aboriginal Co Op Wathaurong Facebook](#)

[VACCA VACCA Facebook](#)

[Clothing The Gaps Clothing The Gaps Facebook](#)

[Bendigo and District Co- Operative BDAC Bendigo and District Co- Operative \(BDAC\) Facebook](#)

[Kaiela arts Kaiela Arts Facebook](#)

[Thamarrurr Youth Indigenous Corp Thamarrurr Youth Indigenous Corporation Facebook](#)

[Surfing Victoria Surfing Victoria Facebook](#)

[Koorie Youth Council Koorie Youth Council Facebook](#)



## A large collage of 25 photographs capturing various moments from the 'Workshops for the People' event. The images are arranged in a grid-like fashion, showcasing a diverse range of activities and participants. Key elements include: group photos of attendees, some holding an Australian flag; individuals engaged in workshops, such as one person painting a large mural on a wall and others working on a table; outdoor scenes with people playing games like tennis and basketball; and close-up shots of people interacting, smiling, and participating in discussions. The collage highlights the community and collaborative spirit of the event, with participants of various ages and backgrounds engaged in a variety of cultural and creative activities.



# Yoorrook Justice Commission 2 Weeks of Hearings

First Peoples tell truth about child protection and criminal justice at Yoorrook hearings.

The Yoorrook Justice Commission commenced two weeks of public hearings this week as part of its inquiry into the systemic injustices experienced by First Peoples within Victoria's child protection and criminal justice systems.

From March 1, Yoorrook Commissioners heard from First Peoples including parents whose children have been removed, carers and members of the Stolen Generations as part of their inquiry into the child protection system.

Fiona McLeod AO SC opening remarks were, "Today Yoorrook resumes its hearings and continues its focus on the Child Protection and Criminal Justice systems.

- As you noted, Chair, the focus over the next week and a half is on hearing the personal stories and truths of First Peoples individuals and families that have been through or had to deal with these systems. We expect that this will, at times, be difficult evidence to hear, and for the individual witnesses it can be a very traumatic experience to talk about these issues.

- We are deeply grateful to each individual giving evidence – and recognise their role in helping Yoorrook to understand the effects of these systems. We thank you them for their courage and willingness to stand up and tell their story and contribute their voices to a growing evidence base, necessary to inform findings and recommendations for future change.

- We also recognise that there are individuals and community members that have contributed their stories via equally important means – participation in round tables; o Commissioners' recent prison visits; o Submissions; and o Working with the Solicitor Assisting team to prepare outlines of evidence that will be tendered throughout this hearing block.

- While there is clear cross-over between community experiences with the Child Protection and Criminal Justice systems (and a number of witnesses will speak to both systems), in general terms this week we will be hearing primarily from witnesses that have lived experience of the Child Protection system, and next week the focus will be on witnesses with lived experiences of the Criminal Justice system. • Yoorrook will be taking the evidence sensitively with breaks as necessary, and Social and Emotional Wellbeing supports on site.

- Given the sensitivities of their evidence, and some of the legal restrictions around hearing evidence involving children, parts of the hearings will be heard as closed sessions, and we will be seeking sensitivity orders to redact certain identifying information. This is to protect the children involved and their families.

- We note that, for media watching, there is a media guideline that has been published on Yoorrook's website to assist you in navigating the legal framework relevant to media reporting on these issues." Fiona McLeod AO SC.

These hearing have been dealt with sensitivity and respect with families, individuals, Indigenous Organisations and groups sharing their stories in a full truth telling way.

The second week, commencing March 6, will centre on Victoria's criminal justice system, including the need to reform bail laws to stop people being unnecessarily imprisoned in pre-trial detention, the age of criminal responsibility, and police accountability systems. The Commission will hear evidence from First Peoples who have been involved in the adult and youth criminal justice systems and their families

Both weeks will examine the push for genuine self-determination and ways to address systemic injustice in the child protection and criminal justice systems.

General Enquiries P 1800 YOO RRK | E [enquiries@yoorrook.org.au](mailto:enquiries@yoorrook.org.au)





# Crow Youth Boxing

Crow Youth Boxing programs have been developed to keep local first nation young people off the streets and engaged in physical activity in a positive and culturally safe environment. We have a vision to create change and opportunity for our youth.

Nikita Rotumah is pleased to announce the opening of Crows Nest Fitness and Well-being!


The Koorie Youth Boxing program will now be running under Crows Nest and the new name for the program will be Crow Youth Boxing. My late father, Peter Rotumah was known as Crow throughout the community. Crow put a lifetime of hard work and commitment into the community throughout Australia. Crow was a freedom fighter and a strong advocate for the rights and justice for Aboriginal people. He was a gifted musician and his lyrics spoke to the truth of his peoples' struggle and they still echo the ongoing injustices we are fighting to this day. Crow worked tirelessly to improve the lives of his people and in particular the youth. He was very vocal about the importance of keeping our kids safe and connected to community, emphasising the importance of our children remaining strong in their identity and culture.

He helped countless people who were displaced reconnect with their families. Crow was staunch, strong, placid, generous, grounded, nurturing and embodied the essence of leadership. Crow is truly deserving to be acknowledged for all the love and support he gave to Aboriginal communities in Victoria and nationwide.

Crow would be extremely proud of all the kids attending the programs developed to honour his legacy and we hope we can provide our youth with the values and morals he shared with the community.

Crow Youth Boxing is totally reliant on donations and sponsorship. If you can help out, please contact Nikita on 0412 930 684 or email: [crowyouthboxing@gmail.com](mailto:crowyouthboxing@gmail.com)

For more information on Crow Youth Boxing, click here: [Crow Youth Boxing Facebook](#)



**SPONSORSHIPS & DONATIONS NEEDED FOR CROW YOUTH BOXING**

- 56 Aboriginal Youth participate in our programs
- CROW youth boxing has created a culturally safe place for our youth to engage in positive, activities together
- The youth train twice a week for an hour each session and then enjoy a healthy meal together at the end of training
- Participants are given their own set of hand wrap and gloves however with the growing number of youth this is becoming difficult to manage
- Guest speakers, Elders guidance and excursions are all important elements of the programs
- The boxing programs are currently funded by the project Organiser/trainer and all trainers volunteer their time
- The youth that attend our programs continue to show up and work so hard, we are very proud of them and would like to make these programs sustainable for them


**SPONSORSHIPS AND DONATIONS ARE NEEDED FOR THE FOLLOWING:**

- More Training equipment
- Boxing uniform, gym bags, Gym towels, footwear
- Healthy meals
- Transportation to events and excursions, home drop offs after training

Please support us to continue to create positive change and opportunities for our Aboriginal youth. They are working so hard and they deserve all the support that can be offered. This is our future.

Please contact Nikita Rotumah if you would like to sponsor or donate to the CROW youth boxing programs

Mb: 0412930684  
Email: [crowyouthboxing@gmail.com](mailto:crowyouthboxing@gmail.com)



## Kirra Wright

Kirra Wright is a proud Gunditjmara girl who is only 15yrs old and had suffered a major stroke at the age of 2 years old, and with that has several disabilities as a direct result of her stroke.

Kirra's mum Kylie Portelli says, Kirra had a stroke when she was two in 2010 and had a 20-minute seizure.

Kirra returns to 3KND to continue her story, her challenges and what her goal is for 2023.

"We rushed her by ambulance to the Royal Children's Hospital. "It turned out that it was a brain AVM (arteriovenous malformation). That's when her vessels, capillaries, arteries — all the major things in her brain — are clustered together like spaghetti. And because there was so much pressure it burst," she said. The two-year-old was rushed in for a marathon 12½ hours of surgery. In 2012, and then again in 2015, Kirra had to undergo further procedures to remove more of the AVM. Kirra AGAIN defied the odds.

Well, what a weekend for Kirra, especially on Saturday where she competed in the long jump and 100m event for her Senior club Diamond Valley. Kirra did well and is set to head to Brisbane if they can get the funds required, as it is \$310 for fees and event charges, Accommodation during peak period of Easter holidays is \$2600 for 6 nights due to needing to travel early for classification.

Flights have been paid but were \$1200 and they cannot afford car hire as it will be way too expensive. So, currently, the family are still needing \$1600 for accommodation and \$310 for event and competition levy fees.

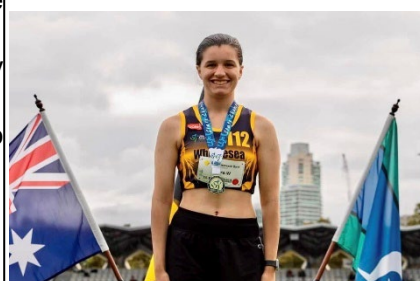
If you can help or know any businesses that can help us get this INSPIRATIONAL young lady over the line, so Kirra can compete, and then hopefully qualify for Paris where funding will be available, please click on the link.

We really are so grateful to everyone who has helped us out so far, and we honestly couldn't do this without your support and contributions.

Help Kirra reach her goals and dreams and if you can continue to share this link to everyone you know.

[Kirra Wright GoFundMe Page](#)

[Listen in as Gman has a chat with Kirra on Big Brekky](#)





## Adam Kelly – ARCO



ARCO Jnr, performer Adam Kelly's compelling story of living with autism, will have its Victorian debut at Arts Centre Melbourne's creative learning hub The Channel on Saturday 1 April. Touring for the first time outside of Western Australia, the autobiographical show is filled with both yearning and optimism. Adam and James joined Gman on Big Brekky.

Adam, in his words, is an autistic gentleman. His friend Finbar is a fish. Adam thinks that asking someone what it feels like to live with autism is pretty much like asking a fish if it knows it's in water – which is pretty funny if you think about it.

ARCO Jnr is Adam Kelly's award-winning autobiographical show about living with autism, or, in Finbar the fish's case, living in water. The show takes a heartfelt look at the life and struggles of a young man trying to make connections with the people and world around him. Along the way, Adam asks gently of his audience to consider life from his perspective.

"Autism itself is really difficult to explain. It's not simply something that effects how I function; it is... how I am wired. This is my story of endurance, learning, adaptation, and optimism. Everyone can identify with it and have some fun at the same time," said Adam.

Adam is a performer to watch. As an elder of the WA Youth Theatre Company, ARCO Jnr is his transition from youth performer to mainstage artist as he enters the next phase of his career.

ARCO Jnr, the supercharged version of the original show for children and families, incorporates exciting animation from Perth-based neurodiverse artist Ben Hollingsworth, inviting audiences to join Adam and Finbar as they dance, draw, fly and joke their way into the hearts of everyone.

The Channel is Arts Centre Melbourne's education hub and intimate performance space designed to develop and explore the creative side of our young people. A leader in music, sound and media technology, The Channel serves up creative workshops, community events and alternative ways to engage with the arts for schools, families and the general public. Each year, thousands of Victorian school students and emerging creatives take advantage of the programs offered at The Channel, ensuring Arts Centre Melbourne is playing its role in nurturing the creative future of our young people by encouraging them not only to be spectators, but also – and importantly – to be makers.

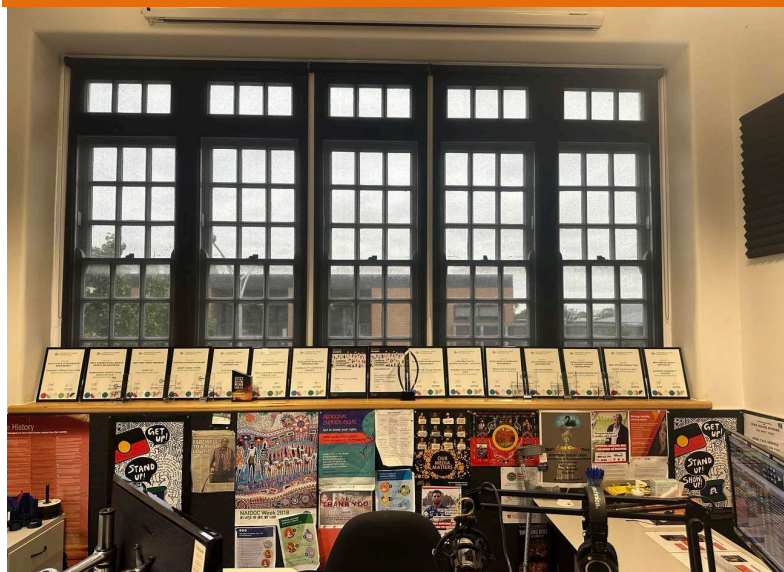
ARCO is a WA Youth Theatre Company production by Adam Kelly and James Berlyn. The ARCO Jnr creative development was supported by the Australian Government through the Australia Council for the Arts, its arts funding and advisory body. The world premiere of the work was commissioned and presented by AWESOME Festival. The 2022 Regional Tour of ARCO has been supported by Playing WA as part of the State Government's Regional Arts and Cultural Investment Program.

[Arts Centre Melbourne Arco Jnr Visual Story](#)

[WA Youth Theatre Company](#)

[Adam Kelly Talks About Living With Autism And About His Show Arco Jnr](#)

## 3KND – Our Award Winning Studio



We do not do what we do for the awards. It is nice however, to be recognised and acknowledged for the work that we do in the Media and Broadcasting Sector, but more importantly, the work that we do for community. 3KND are COMMUNITY. As the first and only Indigenous Radio station here in Victoria, We are committed to engaging with community, ensuring that we broadcast issues that are relevant for our mob, and of course playing all of the Kool'N'Deadly music that you all love. 3KND, KEEPING YOU CONNECTED.



# Balit Dhumba – Marcus Stewart

Marcus Stewart is a Nira illim bulluk man of the Taungurung Nation and elected Co-Chair of the First Peoples' Assembly of Victoria.

Marcus Stewart had a chat with Balit Dhumba host Grant Hansen about the Treaty Process.

The First Peoples' Assembly of Victoria is the independent and democratically elected body to represent Traditional Owners of Country and Aboriginal and Torres Strait Islander peoples in Victoria. Treaty is our opportunity to make sure we always have the freedom and power to make the decisions that affect our communities, our culture and our Country.

The Assembly will be pushing for a state-wide Treaty that will cover state-wide matters, It will empower the diverse Traditional Owner groups in Victoria to negotiate Treaties that reflect their specific aspirations and priorities.

The Assembly you elect will negotiate a state-wide Treaty that works to improve the lives of our kids through truth telling, better education, more jobs, affordable housing, better health, and justice. Every vote counts and all First Peoples in or from Victoria are welcome to vote. **YOUR VOTE MATTERS!!!!**

For people wanting to put their hand up to be a candidate in the elections, the nomination period will be from 3–24 April 2023.

Voting will take place from 13 May to 3 June 2023, with mob able to cast votes in person, online or in the post.

Traditional Owner groups with reserved seats on the Assembly will be encouraged and supported to begin their process of selecting their representatives soon. More details coming soon.

If you're already enrolled with the Assembly, please take a minute now to [check your details are up to date](#) so you'll be ready to vote.

[Assembly Elections 2023 — First Peoples' Assembly of Victoria \(firstpeoplesvic.org\)](#)

[Marcus Stewart Talks To Grant Hansen On Balit Dhumba About The Voice To Parliament](#)



## Indigenous Marathon Project

Running a marathon is tough, but running a marathon overseas presents another layer of significance.

The Indigenous Marathon Project (IMP) Graduates, Charlie Maher, Cecilia Johns, Joyrah Newman, Andrew Thorpe and Allirra Jennings completed the London Marathon on the 2nd of Oct 2022.

Armed with their strong purpose they pushed through the pain and finished what they started—representing their family, communities, IMF and our entire continent on the other side of the world. They ran the following times: Andrew 'Googz' Thorpe—3:31:28, Charlie Maher—3:50:0, Allirra Jennings—5:06:00, Cecelia 'Cissy' Johns—5:58:44, and Joyrah 'Joy' Newman—6:22:11.

Charlie Maher made history as he became the first Indigenous person to complete all six major marathons when he crossed that finish line, joining less than 200 people in Australia to have done so.

Charlie, the first runner to complete the Indigenous Marathon Project after crossing the line in New York City is set also to be the first Aboriginal man named a six-star finisher.

The unique achievement fewer than 200 Australians have achieved is awarded for completing the London, Berlin, Tokyo, Chicago, Boston and New York City marathons.

The Western Arrernte and Yamatji man from Alice Springs was presented the six-star medal after finishing the London marathon.

"It is something that is really special to do, just to be the first one of us mob to do it," Maher said.

Charlie completed the 6 Abbott World Marathon Majors in: ☒ New York Marathon 2010 ☒ Boston Marathon 2011 ☒ Tokyo Marathon 2015 ☒ Berlin Marathon 2016 ☒ Chicago Marathon 2018 ☒ London Marathon 2022

For more information on the IMP, click [Indigenous Marathon Project](#)





# Darebin Community Awards

Presented by FUSE Darebin

Now in its fifth year, the Darebin Community Awards are the City of Darebin's highest accolade, celebrating our inspirational local heroes who dedicate their time and energy to making our city a great place to live, work, play and volunteer.

This night is to acknowledge the amazing community work that has been done to make a difference in the City Darebin. Held at the Narrandjeri Stadium the community was able to come together and celebrate the Award Nominees and Winners.

It was a great night with almost full capacity at the Narrandjeri Stadium a big thank you to the Darebin City Council team for putting on a great event.

The night started with a performance by Halo Vocal Ensemble a diverse line-up of artists from different communities across Melbourne and Brisbane to perform collaboratively and simultaneously to sing a mix of old and new songs taking you on a nostalgic musical journey.

The MC for the night was Uncle Alan Brown a proud Gunditjmara man and as he recalls being a Preston Boy shared his fond memories growing up and still living in the City of Darebin has spent many years working and continuing to promote healthy living through the Aboriginal Health services in Victoria.

Darebin City Mayor Cr. Julie Williams followed by mentioning the community helped name Narrandjeri Stadium, choosing the Wurundjeri Woi-wurrung word for 'women leader' This name recognises and reflects Traditional Owners' history and culture in the area and is also a great pointer to the stadium's role in raising up women's and girls' participation in sport in our community.

Mayor Cr. Julie Williams thanking her peers on the Darebin Community Awards Selection Panel. Our Selection Committee reflect the diversity and strength of Darebin, all independent residents.



Nola is the current and longest-serving president of the Greek Women of the Northern Suburbs, 'Anemones'. Nola was the joint Citizen of the Year recipient alongside Lynette Mackenzie. Nola was also named CALD Elder Community Leader of The Year.

Nola is an inspirational leader and role model to others and works to ensure support systems are in place for elderly and vulnerable women in the Darebin community.

Lynette (Nettie) Mackenzie aside from being named the joint Citizen of the Year recipient, Lynette was also awarded the Individual Sustainability Award.

Nettie volunteers in multiple organisations, including Oakhill Food Justice Farm and DIVRS, and spends her time growing fresh produce and making it accessible to our community.

She also runs the DIVRS propagating team, which grows seedlings for gardens and local schools.



Rosie Thyer, the winner of the Young Citizen of the Year, created peer connections during the remote learning period resulting from COVID-19 lockdowns. She now undertakes advocacy work in youth-led and youth collaboration sectors and is chairperson at the Centre for Multicultural Youth.

She is also a jury member of Darebin Council's Young Citizens Jury and was recently appointed to the Victorian Government Multicultural Commission Multicultural Youth Network.

Born on Yipirinya country in Mparntwe, Alice Springs, Zion Akarana, is the recipient of the Aboriginal and Torres Strait Islander Emerging Young Community Leader of the Year, is an Anangu Pitjantjatjara Arrernte Ngāti Kahungunu Nga Puhli man, having both Aboriginal and Māori heritage.

He joined 3KND two years ago as a technical and administrative trainee to gain new skills.

A role model for young people, he assists Elders, staff and community members to take up new technologies.





# Darebin Community Awards

Nikita Rotumah who won the Aboriginal and Torres Strait Islander Leader of the Year is an Aboriginal youth mental health worker by trade, and a boxer.



The Gunditjmara and Bunitj woman founded the CROW (Courageous Resilient Original Warrior) Youth Boxing Program, which is a culturally safe program for First Nations youth and allies to learn the sport of boxing together.



Aboriginal and Torres Strait Islander Leader of the Year Special Commendations was awarded to Aunty Rieo Ellis, and Aunty Cecily Atkinson. They typify the work local Elders have played, and continue to play, holding a prominent place in our communities and families. Aunty Rieo is a proud Waka Waka Bundjalung woman and co-founder of Grandmothers Against Removals – Victoria. Aunty Cecily is a proud Mutti Mutti Wamba Wamba Barapa Yorta Yorta woman and Thornbury resident. She has volunteered her time to lead and facilitate a First Nations Grandmothers Group through Bridge Darebin.

The Victorian Parandance Association's Dance and Roll deservedly won the Community Group of the Year. Dance and Roll is a weekly year-round all-ages dance class at Darebin Arts Centre for people with disability. Participants engage in dance and body movement that contribute to connection, community, health and happiness. This group is operated on the will and determination of Rocca Salcedo and Victorian Parandance.



3KND is a joint Community Group of the Year: Special Commendation recipient and is Melbourne's first Indigenous-owned AM radio station, which hit the airwaves in June 2003.

The Darebin-based station broadcasts on Wurundjeri lands across the Kulin Nation and airs media services on the airwaves 24/7 in Melbourne.

It offers Aboriginal and Torres Strait Islander community members across Melbourne and wider Victoria the unique opportunity to share their experiences, concerns, perspectives and information.

3KND is the 'Voice of Indigenous Victoria'.

"The Rezzadent" is the other joint winner of the Community Group of the Year: Special Commendation, and is a free bi-monthly community newspaper created during one of Melbourne's many lockdowns in September 2021.

Reservoir has not had a local newspaper since 2020, which at the time left a significant gap in local news and community knowledge. Proudly made by locals for locals, "The Rezzadent" is run by volunteers and is open to anyone and everyone, with the provision they live in 3073.



Sustainability Award Community Group of the Year: Span Community House Inc

Span Community House Inc. delivers the 'RRR Hub' project, which focuses on engaging the Darebin community to Repair, Reuse and Recycle more to avoid waste, reduce their carbon footprint and contribute to the local circular economy.

Charles (Charlie) Sandford, the winner of the Sustainability Award (Individual), Special Commendation has been a consistent environmental leader over many years in his business, Charles Sandford and McKay Joinery.

He generously shares his knowledge with other businesses and works with them. Always the first to raise his hand in agreeing to spread the word and speak at Green Business Networking events, he is a true champion of sustainability.



A well-known Darebin identity, Carolyn Lunt's passion, commitment and cultural knowledge on land development and the Merri Creek is legendary, and which is why she is the recipient of the Lifetime Achievement Award.

This year marks her 40th year volunteering along the Merri Creek. She established the Friends of Merri on Parade in 1983 and has devoted her life to achieving positive environmental outcomes, advocacy, animal care and conservation.



# Tony Briggs

Tony Briggs is an Australian stage and screen creative - actor, writer, director, and producer - based in Naarm. He is the creator and writer of the hit feature film *The Sapphires*, adapted from his award-winning stage play *The Sapphires*.

The Birrarangga Film Festival, a celebration of Indigenous films from around the globe, returned to Naarm and screened from March 23-28, 2023. This is the third outing for the festival, having previously taken place in 2019 and 2021. The feature film program has been announced today, and audiences can look forward to an inspiring collection of stories from First Nations filmmakers, screening at The Capitol, ACMI, Lido, Classic, Victorian Pride Centre and Federation Square.

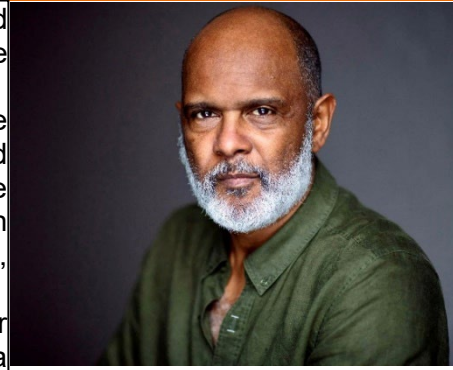
Originally conceived by Wurundjeri/Yorta Yorta screen creative Tony Briggs (creator and writer of *The Sapphires*) and produced by Damien Pradier, the Birrarangga Film Festival is a chance for audiences to engage with stories and ideas from Indigenous storytellers around the world. This year's festival will feature a diverse collection of feature length narratives, documentaries and short films from New Zealand, Canada, USA, Norway, Sweden, Greenland, Mexico, Russia, Hawaii and Australia.

Birrarangga Film Festival is produced with principal partner Creative Victoria, major partner VicScreen and presenting partners RMIT Culture, ACMI, Lido, Classic and Federation Square.

For further details on Birrarangga Film Festival's full program, including synopses, screening dates, times and ticketing information, please visit:

[Birrarangga Film Festival](#)

[Gman Interviews Tony Briggs About Birrarangga Film Festival](#)



# Jessica Mauboy



Fresh from her performance at World Pride alongside Charli XCX and Kylie Minogue, Australian pop icon Jessica Mauboy is back with the vivacious "Right Here, Right Now". The infectious, kaleidoscopic new single is a celebration of living in the present, guided by Mauboy's glowing positivity. Jess is from Darwin, her mother has roots in two Indigenous tribes, the Wakaman and the KuKu Yalanji, who lived around the cape of Far North Queensland. Jessica's father is from Timor. Jess is my special guest around 8.30 this morning.

"'Right Here Right Now' is about being present and embracing all your qualities and accepting who you are," Mauboy says. "We try to be perfect, but at the end of the day, it's a statement, you've turned up with all that you are and you're ready, embracing and celebrating all of you!"

With "Right Here, Right Now", Mauboy set out to capture a communal celebratory spirit. "The only thing we can control in life is our present, and it's a song that's about finding peace and joy through accepting where you are now and leaning into it," she says.

Mauboy continues to find new musical horizons, constantly reinventing herself over her career.

Whether it be the pure pop bliss of "Burn" or "Pop A Bottle (Fill Me Up)" or the aching vulnerability of "Little Things" or "Never Be The Same", audiences follow, trusting her musical instincts. There's a triumphant tone to the new single that feels deserved. Over the years, she has clocked a massive 30 ARIA nominations, notched ARIA #1 records on both the singles and album charts, and been a

radio fixture. It's enough to allow an artist to rest on their laurels but not Mauboy. She's spent the year so far celebrating her catalogue with large crowds. Last month, she dazzled with a massive show at the opening night of World Pride in Sydney. She has also announced that she will reprise her coaching role on *The Voice* later in the year, adding to a busy year for Mauboy.

CONNECT WITH JESSICA MAUBOY AT:

[Jessica Mauboy Official Website](#)

[Jessica Mauboy Facebook](#)

[Jessica Mauboy Twitter](#)

[Jessica Mauboy Instagram](#)

[Warner Music](#)

[Jessica Mauboy Chats About Her New Single "Right Here, Right Now"](#)





# Tim Freedman – The Whitlams Black Stump Band

Tim Freedman joined Gman on the Big Brekky to talk about The Whitlams Black Stump Band and the release of their new single 'Kate Kelly', featuring the stunning vocals of Felicity Urquhart.

The Whitlams Black Stump Band was born in 2021, during the depths of Covid. It's a surprising country detour for one of Australia's most loved bands, featuring some of Australia's finest roots musicians, namely Rod McCormack on banjo and acoustic guitar, Ollie Thorpe on pedal steel and electric guitar, producer Matt Fell on bass, and long-time Whitlams' drummer Terepai Richmond on drums.

The 5-piece Whitlams Black Stump Band will be embarking on their 'Big City Debut Tour 2023', and Felicity Urquhart & Josh Cunningham will also be joining them on selected dates on this tour.

Their new single, 'Kate Kelly', is a gothic bush ballad about Ned Kelly's little sister, Kate. The song has the intimacy of a violin and mandolin session around the campfire, with the dark energy of a Nick Cave murder ballad fluttering unnervingly through the ghost gums.

Kate Kelly - the historical figure - has always been overshadowed by her famous brother Ned, but the talented young woman was a popular public identity in her own right. She was 17 years old the day Ned was hanged in 1880, and she appeared that night in front of 1,000 paying customers at the Apollo Theatre Hall on Bourke Street, Melbourne.

The five-piece band is playing capital cities starting on March 16, and the Black Stump Duo, Freedman and Thorpe's piano / pedal steel configuration, plays a 20-date run from Pakenham up the East Coast to Eumundi in May and June, once again showing that The Whitlams Black Stump project is determined to spread the word, in person, all across the land. The first show announced in Port Macquarie sold out in three days.

[The Whitlams](#)

[Felicity Urquhart](#)

[Listen in to Tim Freedman Talk About His New Single "Kate Kelly"](#)



## The Hon. Ged Kearney MP

The Hon. Ged Kearney MP is the Member for Cooper and Assistant Minister for Health and Aged Care. Ged is an active MP for her electorate and in her role as the Assistant Minister for Health and Aged Care. Ged joined Gman on a historical day in Federal Parliament regarding a first legislative step towards the recognition of Aboriginal and Torres Strait Islander peoples in Australia's founding document. CONSTITUTION ALTERATION (ABORIGINAL AND TORRES STRAIT ISLANDER VOICE) 2023

The Australian Government is taking a first legislative step towards the recognition of Aboriginal and Torres Strait Islander peoples in Australia's founding document. The Constitution Alteration (Aboriginal and Torres Strait Islander Voice) 2023 contains the constitutional amendment that will write a new chapter in our Constitution:

Chapter IX Recognition of Aboriginal and Torres Strait Islander Peoples 129  
Aboriginal and Torres Strait Islander Voice

In recognition of Aboriginal and Torres Strait Islander peoples as the First Peoples of Australia:

1. There shall be a body, to be called the Aboriginal and Torres Strait Islander Voice.
2. The Aboriginal and Torres Strait Islander Voice may make representations to the Parliament and the Executive Government of the Commonwealth on matters relating to Aboriginal and Torres Strait Islander peoples.
3. The Parliament shall, subject to this Constitution, have power to make laws with respect to matters relating to the Aboriginal and Torres Strait Islander Voice, including its composition, functions, powers and procedures.

For 122 years Australia's Constitution has not recognised Aboriginal and Torres Strait Islander Australians.

[The Hon. Ged Kearney MP Talks About The Constitution Alteration](#)

[Prime Minister](#)

[Ministers - Attorney General's Constitution Alteration Speech To Parliament](#)

[Ged Kearney](#)





# Yoorrook Justice Commission Are Not Happy

Yoorrook Justice Commission Hearings NOT HAPPY with State Government Delays!

Today's hearings at the Yoorrook Justice Commission ended abruptly when Professor Eleanor Bourke AM Chair of the Yoorrook Justice Commission made the following statement after a short break following a morning of apologies from the State Governments Legal team regarding not providing required documents that would allow the commission to proceed.

Upon returning Aunty Eleanor Bourke spoke"

The State's response over the past few weeks to Yoorrook's request for documents demonstrates a fundamental misunderstanding of the truth telling process. It is more business as usual rather than engaging with First Peoples in the spirit of openness required for Victoria to truly reckon with the injustice perpetrated against First Peoples.

To date, the Yoorrook Justice Commission has accommodated many of the State's requests for extensions to produce documents and evidence. For example, in respect of NTP--002 to NTP--005:

a. Prior to issuing those notices, requests for the extension of return dates for documents, or the staggered return of documents in tranches, have been accommodated by Yoorrook; and

b. After the Notices were issued, further extensions of time, often of several weeks, have been granted at the request of the State. The time for rolling extensions has now passed. Yoorrook is now at a critical juncture. On the current timetable, the Commission must report on the urgent reforms that are needed in criminal justice and child protection for First Peoples by 30 June 2023, a timeframe required by the Government and written into Yoorrook's amended Letters Patent.

Yoorrook is in a very difficult position where the Government has asked it to provide bold and transformative recommendations on urgent systemic reform in criminal justice and child protection, and yet information has not been provided allowing timely access to the material.

This is a truth and justice commission. It's not a typical royal commission.

Truth telling does not just mean asking First Peoples to tell their stories, their truths, once again to share their pain, and heartache for everyone else's benefit.

The State must also engage in truth telling. This means not using the legal process to avoid the truth about the treatment of First Peoples under key policies and programs.

Truth telling does not mean focusing solely on historic injustices. Indeed, Yoorrook is specially charged with inquiring into "ongoing systemic injustices perpetrated by State-Entities and Non-State Entities against First Peoples."

The State must be willing to provide the materials required for a proper accounting of current laws, policies and practices in a timely manner.

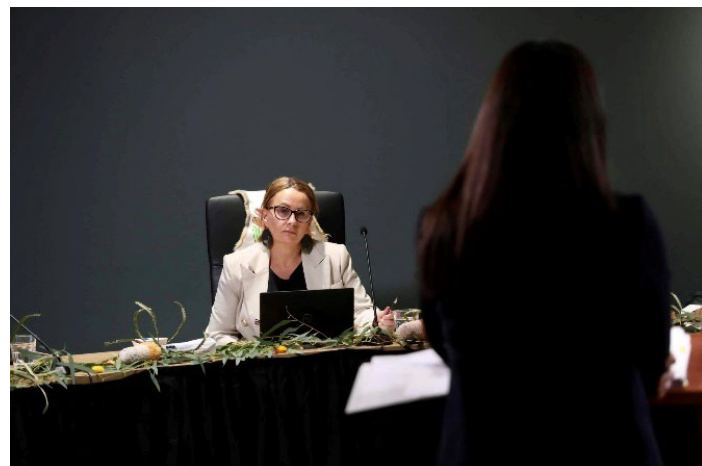
It is impossible for Yoorrook to make recommendations to address ongoing injustices without this information.

Yoorrook understands working cooperatively is the best way forward to meet its reporting obligations. Also, so that the State may be afforded procedural fairness as the Commission makes its findings and recommendations.

It is understood that there are a large number of documents that would ordinarily require legal review.

Yoorrook calls on the State to expedite this process in accordance with the Protocol."

\*\*\*Continued next page\*\*\*





# Yoorrook Justice Commission Are Not Happy

The following Commissioner, Sue-Anne Hunter added, “

I speak as a very proud Wurundjeri Ngarui Willam Wurung Woman and Deputy Chair of the Yoorrook Justice Commission. The Commission has heard from Elders and have visited First Peoples in a number of prisons and youth justice centres,

We also heard from grieving families, frustrated carers, and often under-resourced organisations, we have heard of unnecessary child removals, brutality and death of our people and destruction of culture, land and spirit.

Yet as hard as it's been to tell All have generously engaged with Yoorrook to share their experiences, observations and insights, in the hope of contributing to truth understanding and transformation in the state of Victoria.

The Commission has consistently heard in evidence that many previous inquiries and reports have failed First Peoples. lengthy reports gather dust on shelves, their recommendations go unimplemented, or ineffectively implemented.

We have had to work hard to gain trust from our people to tell their truth and so we can hold the state to account.

We cannot sensibly make recommendations without the truth,

we need to properly understand when and how the system failed First Peoples in the first place.

Given the history, community expectations of Yoorrook – a truth telling Royal Commission – are understandably high.

To say we are extremely disappointed in the response so far from the state is an understatement.

We expect more for our people.”

Commissioner Travis Lovett made the following comments.”

As Counsel Assisting have noted, a protocol was developed as between Yoorrook and the State over a period of many months, in an effort to avoid this precise situation.

The State committed to providing Yoorrook with full and timely access to relevant information including information that would ordinarily be withheld under the exceptions in the Inquiries Act.

The State agreed to avoid relying on legal mechanisms to withhold documents, except in very limited circumstances.

Yet we find ourselves in the directions hearing.

This is even before Victoria Police have advised how many documents they may propose to withhold.

The task in with which we have been charged as Yoorrook a “royal commission” demands we have access to the documents that reveal the truth.

We have asked for and received this openness from First Peoples who have come before us.

As Commissioners and Traditional Owners, we carry the expectations of our Community along with the strength of our ancestors.

The Aboriginal community have long advocated for a Truth telling Process to document our Truths,

and we have heard from many people including the Premier and Ministers that there can be no Treaty without truth. we hear that Victoria is leading the way in Voice, Treaty and Truth telling. We need to be confident that this process and Yoorrook is respected.

We now see that of the 1860 outstanding documents that have been identified by the State to date as being responsive to NTPs NTP-002-007, NTP-002-009, NTP-002-010, NTP-002-011 and NTP-002-013, approximately 1/3 are under review for possible claims, through which they may ultimately be proposed to be withheld in part or full.

This truth telling process has been constructed in a fairly formal manner. This is not the way our people usually operate but we have participated in this structure, with the expectation that transparency and openness would be reciprocated by the State.

This has not happened to date.”

All commissioners spoke in a morning that evoked such a strong response from the commission representatives that showed the resolute strength, commitment and truth telling that is the foundation of the Yoorrook Justice commission.

Today was a day that made history and if you wish to watch the stream than go to: [Yoorrook Justice Commission](#)

3KND Keeping Community Connected.





## 3KND Are Looking For New Volunteer Broadcasters



**3KND are currently looking for volunteer broadcasters for the following shows:**

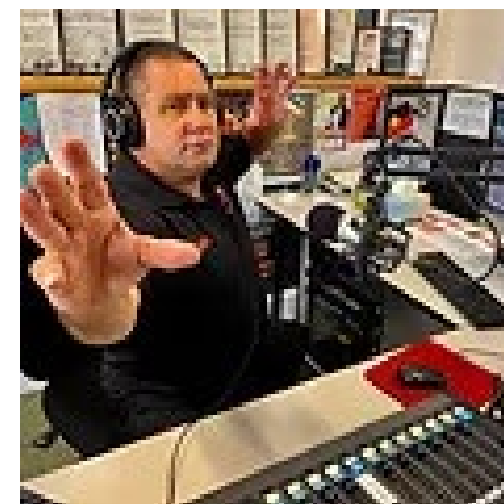
- **Gospel**  
Sundays 6am – 9am
- **Classic Gold**  
Tuesdays 2pm – 3pm
- **Koorie Music Mix**  
Mon to Fri 10am – 11am
- **Reggae**  
Thurs 7pm – 10pm

Looking for someone who is enthusiastic about radio. No experience required. On air training will be provided.

For expression of interest, contact Communications Officer Erica Higgins on

[communication@3knd.org.au](mailto:communication@3knd.org.au)

Or call (03) 9471 1305.





### 3KND Program Grid

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## **Contact Us**



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**Ph:** (03) 9471 1305

**Freecall:** 1800 KOORIE (566 743)

**Website:** [www.3knd.org.au](http://www.3knd.org.au)

**Socials:** [3KND Facebook](#) [3KND Instagram](#)  
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