



Anzac Day Dawn Service at AAL Lest We Forget

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The AAL holds a commemorative ANZAC Day breakfast and dawn service on the 25th of April each year, with this year being no different.

On arrival at 2 Watt, Street Thornbury, you could smell the BBQ cooking away and hear the men yarning and laughing while the ladies are making sure the dining room is set for the mob when they arrive, and the tea and coffee is hot and ready to warm your hands and soul.

This scene has been played out over many years at the Aborigines Advancement League under the direction of CEO Esme Bamblett, elders, staff and families. Each year they greet returned service men and women including their families, friends and community. This year everyone received an indigenous hat pin, a smile and a warm welcome.

The words spoken...the flags raised, and the last post played to a large crowd in attendance followed by a minute's silence. A respectful moment that AAL always follows.

Another ANZAC Day service full of dignity and pride for Aboriginal and Torres Strait Islanders who took part in all wars. LEST WE FORGET.

3KND Keeping Community Connected...

[Aboriginal Advancement League – Aboriginal Advancement League \(aal.org.au\)](http://AboriginalAdvancementLeague-AboriginalAdvancementLeague(aal.org.au))

[#ANZAC #3KND #AAL #INDIGENOUS #ANZACDAY2023](#)



Anzac Day Dawn Service at AAL

Lest We Forget



Kerry Arabena – Ilan Style

Professor Kerry Arabena, a proud Meriam woman whose ancestral connection to the Torres Strait lies deep in the rich, fertile volcanic soil of Mer Island, one of the 274 beautiful islands in that incredible archipelago off the tip of Cape York. Kerry is a compassionate leader and role model, a mother, grandmother, Auntie, and friend who is devoted to social justice, transformation, sustainability and education. Maïem (Welcome) to Ilan Style – A chance to slow down and engage with the vibrancy of nature in the tropics, 'island style'.

When you hold our tea in your hands, you place meaningful change in ours. Our tea is symbolic of reciprocity in action. Kerry Arabena – Ilan Style Founder

With a PhD in Human Ecology, Kerry was formerly the Chair of Indigenous Health at the University of Melbourne. At Ilan Style, she is ably supported by a team that cares deeply about health – both of people and of our environment. Our talented team of Indigenous and non-Indigenous professionals is based across Australia and overseas, and includes a naturopath product developer and conservationist, marketers, operations experts, and a sustainability manager. We believe that we can all make a positive impact when we remain kind, generous in spirit and dedicated to our goals.

The Ilan Style team strives to create premium and healthy Australian native products that showcase the uniqueness of Australian Indigenous culture and produce. Our first products are a range of five indulgent native tea blends – Ilan Gratitude, Ilan Purpose, Ilan Kindness, Ilan Presence and Ilan Wonder – all of which have different wellbeing benefits and intentions. Our products are responsibly packaged with fully reusable and recyclable materials and no single-use plastics – and we have many more in the pipeline!

Every decision we make for Ilan Style has our customer's personal wellbeing, along with cultural and environmental sustainability, at the forefront. We won't compromise because we want to ensure that our legacy is a bright, safe, equitable and prosperous future for all.' Natalie Wood – Naturopath and Product Developer

Kerry's work has brought her to the forefront of Indigenous affairs in Australia. A former social worker with a Doctorate in Environmental Science, Kerry has worked in not for profit, community controlled and academic institutions, holding senior positions such as the inaugural Co-Chair of the National Congress of Australia's First Peoples, Executive Director of Apunipima Cape York Health Council, Chair of Indigenous Health at the University of Melbourne, lead researcher of First 1000 Days Australia, CEO of the Lowitja Institute and Director of Indigenous Health Research at Monash University. Internationally, Kerry was President of Ecohealth International, consulted for the World Health Organisation, was a Scientific Commissioner on the Lancet Pathfinder project and completed a Fellows program with the Rockefeller Foundation in Italy.

Currently, Kerry holds honorary professorial positions with the University of Melbourne and Federation University, is an Interim Director of Victoria's Self-Determination Fund, a Trustee at Arts Centre Melbourne, manages her burgeoning consulting, publishing and coaching and education and training companies, and has several entrepreneurial programs in development including the most recent launch of her new business, Ilan Style.

For more information about Kerry, and her various businesses, check out:

[Ilan Style](#)

[Home - Karabena Coaching](#)

[Home - Karabena Publishing](#)

[Indigenous owned consulting firm| Karabena Consulting](#)

[Ilan Style Facebook](#)

[Ilan Style Instagram](#)



ilan ^{STYLE}
KNOW. B&. DO.

Whittlesea Community Connections – Collecting Seeds (Welcome and Smoking Ceremony)

The Whittlesea Community Connections (WCC) and Wurundjeri Woi-Wurrung Narrap Rangers conservation and caring for country programs had a gathering on Wurundjeri Woi-Wurrung country in the grassy woodland and Curly Sedge Creek.

3KND were invited to take part in this event.

The Welcome to Country and Smoking Ceremony was done by Thane Garvey. The morning was an opportunity to yarn about what WCC and the Wurundjeri Narrap Rangers and what has been done so far and what opportunities there are on the farm.

Thanks to Charlotte, Sharna and the team from Whittlesea Community Connections, Yarra Valley Water, Jessica, James and David from the Wurundjeri Narrap Rangers and the organisations in attendance.

For more information contact Charlotte cgordon@whittleseacc.org.au, 0488 235 940 or Sharna sbrown@whittleseacc.org.au, 0423283184.

[Whittlesea Community Connections Website](#)

[Whittlesea Community Connections Facebook](#)

[Whittlesea Community Connections Instagram](#)



Midday Rush Monica Jasmine Karo – Mpath Soul

Monica Jasmine Karo – MpathSoul is a proud Gunai/Kurnai, Gunditjmara & Mukjarawaint woman also with Celtic & Slovenian heritage.

She is a spoken word artist, singer-songwriter, actor, emerging playwright and MC based in Narm.

MpathSoul infuses her work with a deep connection to spirituality through her ancestry, strong cultural values and her personal experience of womanhood.

MpathSoul is a passionate artist with an empathetic approach to life, people and the environment. For her, a poet's repertoire is scripted from the mind but sewn into a channeled existence from the heart.

Monica was a special guest on the Midday Rush and yarned with Wendy Brooke about her music, some of the collaborations she has done with other artists, her upcoming shows, awards she has won, and the exciting news that she will be releasing a new single soon.

Monica created a work with Culture Evolves inspired by Wurru-Wurru (sacred kingfisher).

Watch Monica and several other artists

at: [Fuse Darebin Wurru Wurru](#)

For more information, check out [Mpath Soul Facebook](#)

[Monica Has A Yarn With Wendy on the Midday Rush](#)



Fitzroy Stars Football and Netball Club - Mens

The Fitzroy Stars Football & Netball Club have a story to tell. Founded in 1973, we've faced many challenges over the years.

The club has been revived multiple times and are still going strong today. Their Directors volunteer their time to manage the club and set a strong foundation. Their Coaches are on-field leaders. They give the players the support to be their best. Their officials and volunteers are the backbone. They ensure everything runs smoothly and lastly their officials and volunteers are their backbone.

They ensure everything runs smoothly.

Saturday the 15th of April saw the the start of Round 1 with Fitzroy Stars Development taking on Lalor followed by the Seniors. Home Game was at Sir Doug Nicholls Oval in Thornbury where a large crowd showed up to see the teams start the season. 3knd were there to record day 1.

Fitzroy Stars Development 14.6.90 defeated Lalor 2.5.17

[Fitzroy Stars Football and Netball Club Facebook](#)



VAHS 50th Anniversary Memorial Event



Board members, Elders, community, staff and the public attended VAHS 50th Anniversary Memorial Event held at Charcoal Lane due to rain forcing it to be moved from Atherton Gardens.

Community came despite the weather all paying tribute to this iconic organisation that has served mob over all these years.

MC for the day was Gavin Brown...Smoking ceremony was conducted by Uncle Darryl Smith with speeches by Chair Tony McCartney and Anniversary committee co-chairs: Alan Brown and Shelly Williams. Tony McCartney also performed the Welcome to Country.

Patrons: Auntie Alma Thorpe, Daryl Smith Lynette Briggs Susan Hedges. Uncle Kutcha Edwards.

Music and stories followed with Uncle Herb Patten and Uncle Kutcha Edwards entertaining those gathered much to the delight of all. Ending our day was a great BBQ with plenty for all to eat. 3KND attended.....connecting community.

This year the Victorian Aboriginal Health Service (VAHS) celebrates 50 years of caring for community since establishing in 1973.

As the oldest Aboriginal Community Controlled Health Organisation in Victoria, and second oldest in the country, VAHS CEO Michael Graham said they are honoured to be celebrating this milestone in Aboriginal health history.

"Since establishing in 1973, the Victorian Aboriginal Health Service has been embedded and connected to support Aboriginal and Torres Strait Islander community for five decades - and I'm honoured to come together to celebrate 50 years of caring for community." 3KND keeping community connected.

[Watch Uncle Herb Patten Sing](#)

[VAHS](#)

[VAHS Facebook](#)

[VAHS Twitter](#)

[VAHS Instagram](#)

Friends With Wendy and Pete – Robbie Melville

Robbie Melville is a guitarist and composer, and he had a chat with Wendy, from [Friends With Wendy and Pete](#). He began performing in his teens, and in 2005 was offered the Principal Guitar Chair in the Australian Pops Orchestra, appearing at Hamer Hall and the Sydney Opera House with artists such as James Morrison, Marina Prior, and Guy Sebastian.

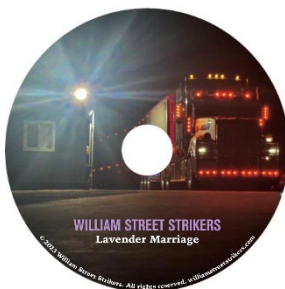
In March 2020 this new material was released as the album, 'To Iceland! To Iceland!' on ABC Jazz. Award winning Australian saxophonist Julien Wilson wrote, "Melville's compositions are beguiling, but it's the way they're realised by the whole group that makes this recording so special. There's plenty of intrigue, but always room to breathe". The album was supported by a national Australian tour.

For more information on Robbie: [Antelodic Facebook](#) [Antelodic Instagram](#) [Antelodic Website](#) [Robbie Melville Website](#) [Robbie Melville Instagram](#)

Listen in to Robbie's interview with Wendy [Here](#)



William Street Strikers – Andrew Matters



Andrew Matters from the William Street Strikers had a chat to Wendy from "Friends With Wendy and Pete" about their upcoming new album 'Lavender Marriage'.

William Street Strikers are back with their 7th record and after the success of the physical product that they've always cut their albums to, they've made another disc that's out in May called Lavender Marriage.

Mainstay and songwriter Andrew Matters and the band of regular and guest musicians have recorded six new songs which range from crunchy rock, Australian desert country, a raw piano ballad and some Latin surf rock.

For more information on William Street Strikers:

[William Street Strikers Facebook](#) [William Street Strikers Website](#) [William Street Strikers Instagram](#) [William Street Strikers Twitter](#)
[Andrew Matter talks with Wendy and Pete About His New William Street Strikers Album "Lavender Marriage"](#)

Tania Lacy

Tania Lacy, one of Australia's dearly loved funny women is back, and taking her new show on tour in 2023 and this time around, everything's coming up roses! After surviving six years in Berlin with those crazy Germans, getting through menopause without spontaneously combusting and raising a teenage boy with her husband of 22 years, she's convinced the worst is behind her Bahahahahaha! 'Everything's Coming Up Roses' covers everything from clown porn to hair curtains, yobbo birds to happy endings, Tania is relentless in her desire to find the 'roses' moments in all life dishes out.

Tania's career sounds like a breathless jump from one fortuitous opportunity to another. As a student at the prestigious Victorian College of the Arts School of Dance, her hopes of being a classical ballerina were dashed by a cruel injury, but not so long after she was choreographing and dancing with Kylie Minogue in the 'Locomotion' film clip. Tania has also written for film and television and has two novels on the shelves, more information [here](#).

For more information:

[Tania Lacy Instagram](#) [Tania Lacy Facebook](#) [Tania Lacy Website](#)
[Listen Here To Tania Talking With Wendy and Pete About Her Comedy Show "Coming Up Roses"](#)



Supporters of 3KND - Bunnings

Bunnings at Northland have always been a supporter of First Nations mob and 3KND. Meagan and Susie Q have from the early days of COVID lockdowns to the present day providing Firewood for smoking ceremonies and heat, garden hoses, plants plus other gardening implements to help community through the hardships we all endured over the last few years. These donations have helped families and elders during those times and once again to the present day. Recently they provided a BBQ so that 3KND could continue its community service which we are most thankful for... once again you mob at Northland Bunnings are appreciated and valued by us all.



3KND Staff BBQ

The 3KND Team came together to have a social BBQ at the Station, which the BBQ was generously supplied by Bunnings Northland. This was the first and we will be having many more. The BBQ was for the team just to relax and have fun and yarn up. The staff was also very fortunate to have some Pretty Deadly Guests as well including Brad Brown (Director of 3KND), Broadcaster Peter Brooke as the cook and the one and only Tangiora Hinaki from (Ngaarda Media) and family of the staff members. BB Adams 2 daughters (Bapala and Rita) were also celebrating their Birthdays, G-Man, Tangiora, Nadia sung Happy Birthday in their Māori Language as well all the team singing Happy Birthday to them both. WHAT A DEADLY DAY 🖤🟡❤️



VALE Aunty Faith Thomas 1933 - 2023

South Australia is today mourning the loss of Aunty Faith Thomas, a truly remarkable pioneer in several fields, including becoming the first Aboriginal woman to represent Australia on the sporting stage, who passed away on Saturday at the age of 90.

SACA has been granted permission to use Faith Thomas' name and image.

Born in 1933 in Nepabunna, Aunty Faith lived an extraordinary life, becoming one of the first Aboriginal college graduates in the country, one of the first nurses and an endlessly inspiring advocate for positive societal change.

Instrumental in bringing the plight of Aboriginal Australians to the forefront, Aunty Faith tirelessly illuminated the struggles faced by the world's oldest civilisation. On average during her time as a nurse, Aboriginal people lived 20 years less than the rest of the population and were not even counted as citizens until Aunty Faith had celebrated her 37th birthday.

Living out of her car, Aunty Faith travelled the country providing care to Aboriginal Australian's, with the full impact of her selfless efforts unable to be measured. Well after her retirement from the medical profession, Aunty Faith fought strongly for the rights of Aboriginal peoples and received an Order of Australia in 2019 in honour of a life spent working for the betterment of others.

The story of how Australia's first female Indigenous international sportsperson took up cricket is a beautiful illustration of the determined, resolute character that has inspired so many. While still very young, Aunty Faith was struck by a cricket ball, causing her to burst into tears as the pain coursed through her. In response, she thought it best to get a bat so that next time she was ready. Thus, a Test cricketer was born.

Quickly becoming the fastest female bowler of her time, Aunty Faith was selected for tours of England and New Zealand but choose not to travel due to the huge amounts of time it would mean being away from home. She would not be denied that baggy green however, playing in an Ashes Test Match in Melbourne in 1958. Her baggy green, number 48, was a prized possession that she carried around with her to this day.

Co-Chair of the Aboriginal Cricket Advisory Committee of South Australia and Founder of the Aboriginal Sports Hall of Fame Federation, not to mention owner of the remarkable figures of six wickets for no runs against Adelaide Teachers College early in her career, Aunty Faith's legacy is beautifully represented in Adelaide Oval's Avenue of Honour alongside other greats of the game.

Each year, the Adelaide Strikers play for the Faith Thomas Trophy in the WBBL, a beautiful work of art highlighted by Aboriginal wooden artefacts that is presented to the winning team during First Nations Round.

A true trailblazer in women's sport, and a remarkable person who has led a full, adventurous and selfless life, Aunty Faith reminds us that one person can change the world, one person can make a difference and a society can be better if we fight for what is right and listen and learn with open hearts and minds.

SACA President William Rayner said that Aunty Faith's impact on South Australia and beyond is impossible to measure.

"Faith Thomas' story is as inspiring as it is incredible. A leader across medicine, sport, reconciliation and so much more, Aunty Faith created footprints that others have had the opportunity to follow in the decades since," Rayner said.

"A brilliantly unique and successful cricketer, Aunty Faith's journey was never simply about personal achievement – instead she always sought ways to improve the lives of others.

"Aunty Faith will be greatly missed, but such is the impact she has had on this country, she will forever be remembered and honoured for the way she lived her life. On behalf of the South Australian Cricket Association, I offer sincerest condolences to all those lucky enough to know and love Aunty Faith."



Ngarra Jarra Noun – Healing Ceremony
Nicky Winmar 30th Anniversary

Victoria Park in Collingwood was where the celebration, and traditional healing ceremony was held for AFL legend Nicky Winmar.

3KND attended and broadcast live from the night so that those who could not attend would have an opportunity to not miss this important.

Hundreds turned out to reflect on Nicky's public stance on racism that took place 30 years ago at Victoria Park in front of Collingwood supporters at their former headquarters.

What took place on April 17th, 1993, that iconic picture was captured and the words “I am Black and I’m proud to be Black” as Nicky lifted his Guernsey pointing to his skin. That moment has been ingrained in Australian sports history. Tonight, was for people to come together, celebrate and heal and to move forward. It was great to so many people united for an important time in Australian sports in particularly AFL with past and present players walking alongside Nicky including his former St Kilda team mate Gilbert McAdam and Michael Long.

This event was organised by Nathan Lovett-Murray and MC of the night Jason Tamiru, Welcome to Country done by Uncle Colin Hunter, a performance by, Bobby Bonnell, Kutcha Edwards and the Murrundaya Yepenga Dance Group, Wulumbarra Dance Group, Koorie Youth Will Shake Spears and Djirri Djirri Dancers.

30 Years Ago: Greats Reflect on Nicky Winmar's Stand

AFL - Hundreds Heal Nicky Winmar



Sinem Saban – Luku Ngarra

Sinem Saban is an award-winning independent filmmaker whom, for 22 years has been working closely with the Yolngu First Nation of Northeast Arnhem Land in Australia. This has given her unparalleled and trusted access into their often distant and misunderstood world.

Luku Ngärra: The Law of the Land is her latest documentary which, in line with her long standing principles as an independent film maker, has taken 5 years to complete with no corporate or government funding. Luku Ngärra premiered at the Adelaide Film Festival in October 2022 where it won the 'Change' Award.

Director Sinem Saban sat with Dr. Gondarra in March 2019 and interviewed him over 4 days while Cyclone Trevor poured torrential rain on the earth outside. Deep in his elderhood, wise from decades of life experience and frail from ongoing health battles, the 12+ hours of interview footage with Dr Gondarra has become the backbone of this documentary.

Ms. Saban says, 'Dr Gondarra has a strong yet gentle way of placing audiences in their heart space, and without condemnation of anyone, has a great power of shedding light on things that are gravely unjust.'

Inspired by his own personal heroes Nelson Mandela and Mahatma Gandhi, Dr Gondarra speaks profoundly about change needing to come from the way we view the world, the environment, the spirit world and each other. He questions the colonial paradigm, its laws and its spirituality, and asks audiences to consider another way of thinking, seeing, and believing that is not led by power, greed, capitalism and destruction.



Pirritu

Ngiyampaa man and First Nations singer-songwriter Pirritu's (Brett Lee) music is gentle, honest and from the heart. Strange and melodic chords frame this songwriters' vocals that weave around his lyrics like a gentle wind, enticing you into the depths of his personal journey, singing you a story of both sadness, love and hope. Pirritu (Brett Lee) is my guest this morning after 8am...so tune in to listen to this amazing artist.

Pirritu (Brett Lee) is set to release his second album, "Fire When The Sun Goes Down", which he is currently taking on the road with his band, performing live at festivals and venues throughout Victoria (including three mesmerising shows at Port Fairy Folk Festival), Queensland and Australian Capital Territory.

Pirritu (meaning "Brett" in Ngiyampaa Language) was adopted by a non-Aboriginal couple as a newborn baby and raised to be proud of his Aboriginality, to follow his cultural journey and to connect back to family, culture and language - a journey he began when he was 14 years old. Two things drive his continual thirst to connect to his people, country, language and culture - his young daughter and his passion for music.

To deepen his understanding of his mother tongue, Pirritu volunteers with the Ngiyampaa Language Project to test materials being created for the purpose of updating the Ngiyampaa Grammar written by Tamisin Donaldson in the 1970's. Pirritu previously worked as Art Project Officer at The Victorian Aboriginal Child Care Agency (VACCA) and sits on the Board of Songlines, Victoria's peak Aboriginal music body, a not-for-profit organisation which has supported Aboriginal musicians since 1996 by providing professional development programs, performance opportunities and administering a range of festivals and events. Pirritu spent some time in 2019 working with international touring project The HOMELANDS Tour, connecting with established and young First Nations artists on their Homelands, across oceans and out onto stages at festivals around Australia and Canada.

CONNECT WITH PIRRITU ONLINE: <https://linktr.ee/pirritumusic>

[Gman Yarns With Pirritu](#)



VALE - Yunupingu

Australia has lost a giant. Yunupingu, a Yolngu man of the Gumatj clan, has passed away.

A pioneer of the Aboriginal land rights movement, including the landmark Gove Land Rights case and the Yirrkala Bark Petitions, in 1978 Yunupingu was named Australian of the Year.

Yunupingu served as the Chair of the Northern Land Council for 23 years.

He worked with more than 10 Prime Ministers of Australia on the struggle for Indigenous recognition and lived through the many disappointments.

Yunupingu hosted Prime Minister Albanese at Garma last year when the government committed to holding a referendum on constitutional recognition through a Voice to Parliament.

Yunupingu was also a member of the Referendum Working Group and was also part of the Indigenous Voice co-design Advisory Group set up by Ken Wyatt.

His gifts to us as a nation was a life of truth-telling and a passionate belief in his people and in Australia, and we as a nation can gift to him a successful referendum later this year.

In his final months Yunupingu reminded us: "the future is our responsibility", and that we all have a responsibility to show leadership on: reconciliation, recognition, and the referendum.

So, when we are done, all Australians can say: "This is our country. It is a country that we are all proud of. We now rejoice and celebrate with our Indigenous brothers and sisters together as one."

[Formal Yolgnu Announcement](#)



Bain Attwood – William Cooper

Uncle William Cooper's passionate struggle against the dispossession of Aboriginal people and the denial of their rights and his heroic fight for them to become citizens in their own country has been widely commemorated and celebrated. By carefully reconstructing the historical losses his Yorta Yorta people suffered and endured, Uncle William Cooper: An Aboriginal Life Story reveals how the first seventy years of Cooper's life inspired the remarkable political work he undertook in the 1930s. Author of William Cooper An Aboriginal Life Story is Bain Attwood a Professor of History at Monash University and has held fellowships at the University of Cambridge and Harvard University. Bain was Gman's special guest on Big Breakky.

Focusing on Uncle Cooper's most important campaigns-his famous petition to the British king George for an Aboriginal representative in the Australian parliament, his call for a day of mourning after 150 years of colonisation, the walk-off of the Yorta Yorta people from Cummeragunja reserve in 1939 and his opposition to the establishment of an Aboriginal regiment in the Second World War-this carefully researched study sheds important new light on the long struggle that Indigenous people have fought to have the truth about Australia's black history heard and win representation in Australia's political order.

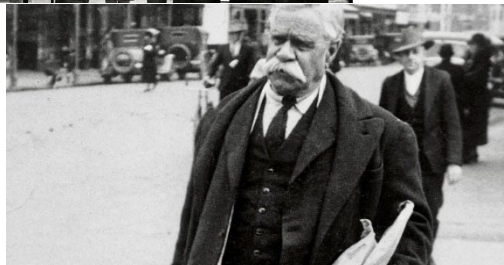
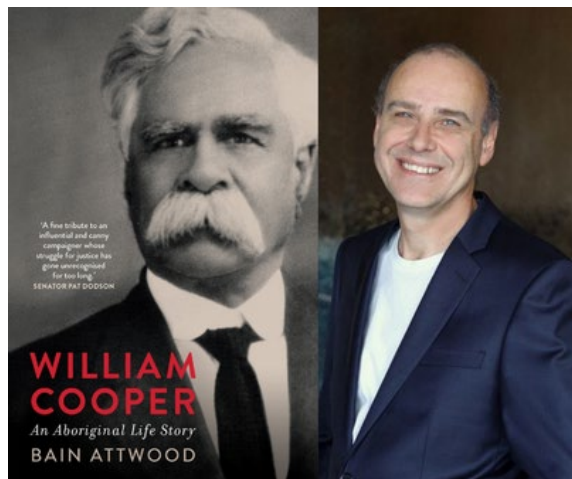
Bain Attwood is Professor of History at Monash University and has held fellowships at the University of Cambridge and Harvard University. In 2010 his book Possession: Batman's Treaty and the Matter of History won the Ernest Scott Prize for the most distinguished contribution to the history of Australia or New Zealand or colonial history. Previous works include Rights for Aborigines; Telling the Truth About Aboriginal History and Empire and The Making of Native Title: Sovereignty, Property and Indigenous People. He is the co-editor of Telling Stories: Indigenous History and Memory in Australia and New Zealand and Protection and Empire: A Global History. Praise for William Cooper: An Aboriginal Life Story

[Angus and Robertson - Buy This Book](#)

[The Conversation - William Cooper](#)

[Indigenous.gov.au - William Cooper An Aboriginal Life](#)

[Bain Attwood Talks About William Cooper With Gman](#)



Fitzroy Stars Football and Netball Club – Women's

Fitzroy Stars Development 14.6.90 defeated Lalor 2.5.17

The Fitzroy Stars women had a great Victory for their first game of the season. In a hard close fought game, they beat Heidelberg by 9 points.

Our very own Grant Hansen was at the game, and our newest broadcaster BB Adams' daughter, Bapala, played her first game with the Women's team.

Well done, and Congratulations !! 🍷🍷🍷🍷🍷

3KND Keeping the Community Connected.



Balit Dhumba – Jill Gallagher



Jill Gallagher AO is the CEO of VACCHO and the former Treaty Advancement Commissioner. Jill is a Gunditjmara woman from western Victoria who has worked within, led and advocated for the Victorian Aboriginal community all her life.

Jill speaks with Grant Hansen on Balit Dhumba about the Treaty process and is proud of the work done by the Victorian Aboriginal people and feels Treaty is getting closer by the day.

As CEO since 2001, Jill has exacted a major change in the organisation's status, by working to raise its profile and highlight its pivotal role in addressing Aboriginal health issues. Jill's work was instrumental in achieving bipartisan support for the 'Statement of Intent' signed by the Premier in August 2008 on behalf of the state Government to 'Close the Gap' in Aboriginal life expectancy. Jill says that for her community to achieve its full potential, issues such as health problems must be identified and addressed.

As well as tackling health issues, Jill is passionate about Aboriginal culture, and her people, being valued. "When you look at all the tourism ads for Victoria and Australia, they never talk about Australia having one of the oldest cultures in the world. Why don't we value that?"

Prior to her work at VACCHO, Jill was a member of the Museum of Victoria and worked for the return of Indigenous skeletal remains and Indigenous cultural property. She has also sat on various committees including the Victorian Early Childhood Development Advisory Committee, the Equal Opportunity Commission Victoria Indigenous Reference Group, the Child Death Review and the Cooperative Research Centre on Aboriginal Health.

[Jill Gallagher talks to Grant Hansen On Balit Dhumba](#)
[First People's Assembly of Victoria](#)
[VACCHO](#)

Balit Dhumba – Rueben Berg

Rueben Berg joined Grant Hansen on Balit Dhumba. Rueben Berg is a proud Gunditjmara man living in Narm (Melbourne), Victoria, he is a proud father of two children, Kalinga and Jirra. In 2019 he was fortunate to be elected to the inaugural First Peoples' Assembly of Victoria.

As an elected Member he worked hard to produce videos to inform community about the Treaty process, attended many community events, and made substantial contributions to the Treaty process. Rueben participated in negotiations with the State Government regarding the details of the Treaty Negotiation Framework and the Self Determination Fund.

He is standing again as a candidate for the First Peoples Assembly of Victoria in 2023 to continue to progress the important Treaty work that lies ahead, and to make sure that Treaty brings benefits to all our community.

[Listen Here As Rueben Yarns With Grant Hansen About Treaty](#)

For more information:
[First People's Assembly of Victoria](#)



ANZAC Day - Volunteers

As the sun rose on 25 April 1915, Australian and New Zealand soldiers rowed towards the shores of Gallipoli and into history. Every year since, Australians have gathered to remember their legacy and that of all who have followed in their footsteps.

ANZAC Day is a time to reflect and remember the service and sacrifices of all the men and women who have served gallantly for our country.

Volunteers are the backbone of any organisation including the RSL. Volunteers mainly centre on fundraising through selling badges just before ANZAC DAY and selling poppies prior to REMEMBRANCE DAY.

Two supporters of 3KND, Blue Eyes and Brian have volunteered their services to the Darebin RSL for many years including this year at their RSL badge selling spot Fairfield Bunnings. Blue Eyes states that Fairfield Bunnings looks after them each year with coffee, hot cross buns and when the weather turns cool, provides a blanket to place over their knees. 3KND caught up with the pair who were doing brisk trade.

The Returned and Services League with some 1500 Sub-Branches Australia wide and with a membership of 240,000 is the largest service and ex-service association in Australia. It is generally referred to as the RSL or the League.

The Ode comes from the fourth stanza of the poem For the Fallen by the English poet and writer, Laurence Binyon. It was published in London in The Winnowing Fan: Poems of the Great War in 1914. It was used in association with commemorative services in Australia by 1921.

They shall grow not old, as we that are left grow old.

Age shall not weary them, nor the years condemn.

At the going down of the sun and in the morning

we will remember them.

At the Anzac Day ceremony, an invited speaker often recites The Ode and upon his or her completion of the recitation, those present repeat the last words 'We will remember them'. After a short pause this is followed by 'Lest we forget'.

This is one of a number of bugle calls in the military tradition to mark phases of the day. Traditionally, it marked the end of the day.

The Last Post was incorporated into funeral and memorial services as a final farewell and symbolises that the duty of the dead is over and that they can rest in peace. On ANZAC Day, it is followed by one or two minutes of silence, then a second bugle call, Reveille (also known as The Rouse).



JNewtz



Story about JNewtz, a well-known and respected Aussie comedian who was sacked for offending his woke boss - and has channeled his anger and disappointment into a new show at the Melbourne Comedy Festival.

JNewtz, together with his comedic colleagues, are 'The WTF Show?!' - a brilliant Aussie trio that is performing at this year's festival. They then head off to the UK to perform at the Edinburgh comedy festival.

JNewtz is highlighting the stupidity of wokeness and how it is going too far, and people are being sacked, cancelled and bullied, simply for being Australian.

This year's show is going NUCLEAR on WOKE.

Tipped to be their best work yet, the Aussie comedians have engineered a highly topical, razor-sharp, hilariously poignant, incredibly funny show about the extraordinary ways woke has impacted our daily lives - turning normalcy into toxic stupidity.

[JNewtz Comedy](#)

[JNewtz Instagram](#)

[JNewtz Twitter](#)

[JNewtz Facebook](#)

Dr Ray Kerkhove – Frontier Wars

Dr Ray Kerkhove is an Adjunct Associate Professor with University of Southern Queensland, specialising in Indigenous history and culture. He has worked for almost four decades with First Nations groups. Ray has written a dozen books, a score of peer-reviewed articles, and numerous heritage reports. He mostly works as an independent consultant with some 48 clients including universities, local governments, art organisations, museums and Aboriginal groups.

New research reveals the organised resistance and sophisticated war strategies of the First Nations people during Australia's Frontier Wars. This ground-breaking new evidence shows the war tactics were originally, effective against invading forces, with minimal casualties on Indigenous combatants.

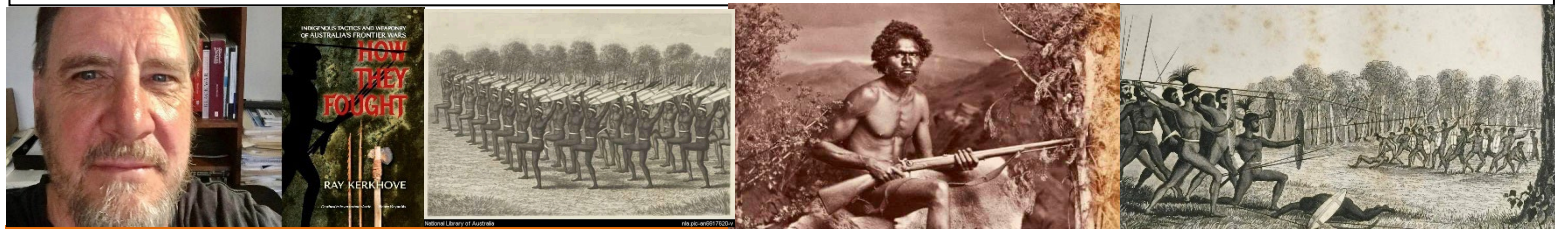
Frontier Wars is Australia's biggest story, with 61,000 Australians dying in World War 1, compared to as many as 127,000 Australians dying during the Frontier Wars¹. Evidence finds that the Aboriginal resistance was more effective than previously believed, with 2,000 - 5,000 of these deaths being white Australians². This eclipsed the deaths that Australia sustained during the Vietnam (521 deceased), Korean (340 deceased) and Afghan Wars (41 deceased) combined.

Despite the fact there is a great deal written about the Frontier Wars and invading forces' tactics, up until now, there was little research on how First Nations people organised their resistance or what strategies they employed.

The new evidence revealed in *How They Fought, Indigenous Tactics and Weaponry of Australia's Frontier Wars* by Dr Ray Kerkhove uncovers First Nations' formidable warrior traditions. It dispels the myth of Australia's Frontier Wars being simply a story of massacres and defeat.

Struck by the insanity of this narrative, Ray spent over a decade researching actual firsthand accounts of skirmishes and battles of the Frontier Wars. Studying many hundreds of individual incidents recorded in news reports and personal reminiscences, he began to notice recurrent patterns and slowly pieced together an entirely different story.

[Ray Kerkhove Talks About The Frontier Wars
Deadly Story - Frontier Wars](#)



Colin Mitchell

Colin Mitchell is a Wemba Wemba/Goring Goring man from Echuca who is the aboriginal liaison officer with Dental at the Victoria Aboriginal Health Services.

Dental Health Services Victoria (DHSV) provides quality public oral healthcare for Victorians.

This man is passionate for the mob in Victoria. Colin loves his job and how health services are improving people's lives far and wide.

These services are provided through the Royal Dental Hospital of Melbourne and through community health agencies throughout Victoria, from whom DHSV purchases dental services for public patients.

Current Programs: Launch their Cultural Protocol Guide Fluoride Varnishing for Medical Practitioners Little Koorie Smiles Healthy Families, Healthy Smiles Oral Health Education for Midwives Services provided • Bulk-billed dental care for children • Free dental work performed by undergraduate dental students, Eligibility criteria apply. • Free dental treatment.

DHSV Reconciliation Action Plan DHSV has developed a Reconciliation Action Plan (RAP) to replace the Aboriginal Oral Health Plan. The RAP provides the framework for a more culturally safe, dynamic, innovative and diverse workforce. It supports opportunities to work collaboratively with Aboriginal and Torres Strait Islander communities and build on the work we continue to do.

How to access If you have a Dental emergency, call 1300 360 054 General dental, call (metropolitan) (03) 9341 1000 General dental, call (rural) 1800 833 039

[Hear Colin Mitchell Talk Passionately About Dental Health
Dental Health Services of Victoria](#)



3KND Are Looking For New Volunteer Broadcasters



3KND are currently looking for volunteer broadcasters for the following shows:

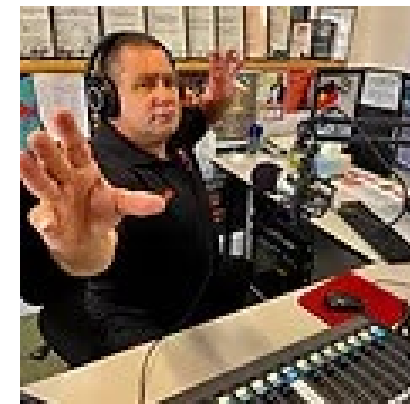
- **Gospel**
Sundays 6am – 9am
- **Classic Gold**
Tuesdays 2pm – 3pm
- **Koorie Music Mix**
Mon to Fri 10am – 11am
- **Reggae**
Thurs 7pm – 10pm

Looking for someone who is enthusiastic about radio. No experience required. On air training will be provided.

For expression of interest, contact Communications Officer Erica Higgins on

communication@3knd.org.au

Or call (03) 9471 1305.



3KND Program Grid



Contact Us



Address: 35 Copernicus Crescent, Bundoora VIC 3083

Mailing Address: PO Box 112, Preston VIC 3072

Email: reception@3knd.org.au

Ph: (03) 9471 1305

Freecall: 1800 KOORIE (566 743)

Website: www.3knd.org.au

Socials: [3KND Facebook](#) [3KND Instagram](#)
[3KND Twitter](#)